

Lesson Package
ELSA Literacy / Level 1

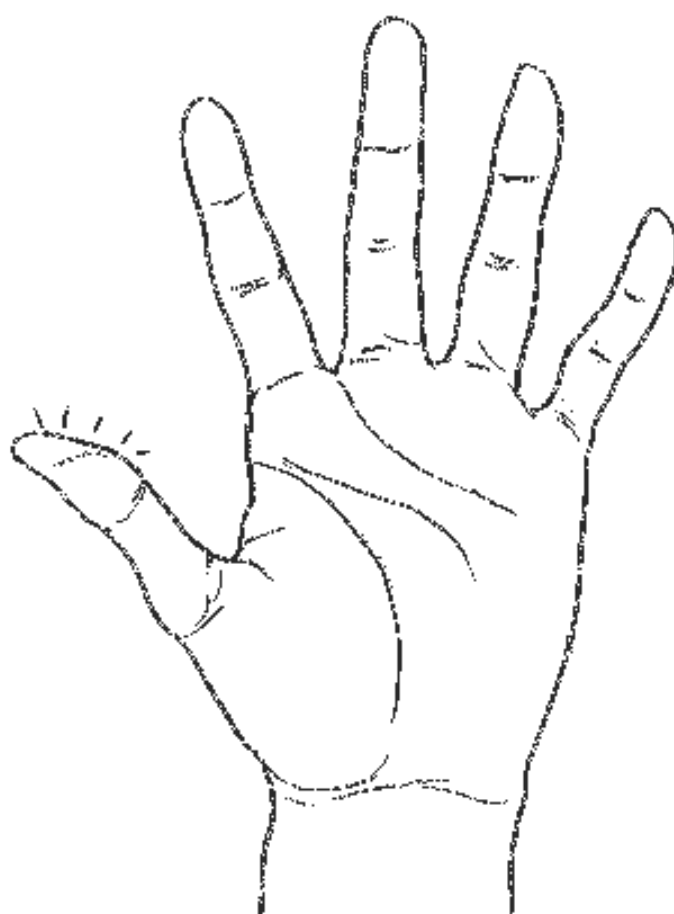


Table of Contents

Literacy / Level 1

Lesson Plan	1
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Material

▪ Body Parts Pictures (<i>large</i>).....	5
▪ Vocabulary Match Worksheet	15
▪ Video Script	16
▪ Pain Scale (<i>presentation size / large</i>)	18
▪ Pain Pictures A (<i>large</i>)	19
▪ Pain Pictures B (<i>large</i>)	22
▪ Pain Pictures B (<i>small</i>)	34
▪ Tap Sheet	35
▪ Pain Scale (<i>wallet size</i>)	36

Talking About Pain Lesson Plan

ELSA Level: Literacy / Level 1

Time: 2.5 - 3 hours

Learning Outcomes:

- Ss will be able to state the location of pain on their body.
- Ss will be able to use the pain scale to describe the level of their pain.

Note: This topic may trigger negative memories for some Ss.

Suggested Approach:

Warm-up:

Material:

- Body parts pictures - large
- Vocabulary match worksheet

Steps:

- Pre-teach or elicit the names of the body parts orally using large visuals. Do oral repetition.
- Body part TPR: T says the name of a body part and Ss point to it on themselves. Do oral repetition. Ss stand up in a circle, point to the body part and say the name.

Example: "Hand. This is my hand."

Optional: Do chaining

Example: Student A: "This is my hand." Student B: "This is my hand and this is my leg." Student C: "This is my hand and this is my leg and this is my arm." Etc.

- Spelling: write spaces for the missing letters in words on the board.

Example: _ an_ (hand)

Point to the first and last missing letters and elicit these by sound. Have Ss stand up and match the Body Part Pictures to the words on the board.

- In pairs, Ss match words and pictures on Vocabulary Match Worksheet. Then, check answers as a class. Use OHP.

Activity 1: Talking About Pain Video

Material:

- Video: “Talking About Pain”- Literacy / Level 1
- Video Script (optional)
- Visuals: nurse, doctor, hospital, clinic, Dr.’s office – large

Steps:

- Pre-teach / elicit concept of “pain” using gestures / mime.
- Pre-teach “a little pain”, “a lot of pain” and “some pain” using gestures/mime. Write these words on the board.
- Pre-teach rating your pain on a scale of one to ten: Draw a basic scale on the board like the large pain scale but blank. Write the numbers 1 - 10 on the scale. Elicit 1 - 3 = “a little”, 4 - 7 = “some pain” and 8 - 10 = “a lot of pain”. Write these words on the scale.
- Ask Ss: Where do you talk about pain? And who with?
Example: hospital, nurse, doctor
Have a picture of a nurse / Dr.’s office / clinic ready to show Ss in case they need visual cue.
- Watch “Talking About Pain” Video once.
- Watch each scenario again, pausing after each and eliciting answers.
 - Where does she/he have pain?
 - How much pain does she/he have?**Note: For Literacy level you may wish to use the following simpler structure: “She has pain? Yes? No? Where? How much pain?”**
- Point to the vocabulary on the board to prompt Ss.: “a little, a lot , some”

Activity 2: Describing Pain

Material:

- Pain Scale - presentation size
- Pain Scale - large
- Pain Pictures A - large
- Pain Pictures B - large and small
- Glue sticks – for groups

Steps:

- Put up presentation-size Pain Scale and large Pain Pictures A. Teacher places each of the Pain Pictures A on the scale as a model. (Cut on the finger = a little pain, a bump on the head = some pain, a broken arm = a lot of pain)
- Ask:
 - “Where does s/he have pain?” → “She has pain in her arm.”
 - “How much pain does s/he have?” → “She has a lot of pain.”*Etc.*

Note:

For Literacy level you may wish to point to the body part and say: “She has pain in her ...” (i.e. Pause to elicit the body part.) Then, point to the words on the board (a little, a lot and some) and say, “She has ... (pause to elicit the degree of pain) ...of pain.”

- Ss do oral repetition.
- In small groups, Ss glue Pain Pictures B (small) onto the Large Pain Scale.
- Check answers: Groups report answers by standing up and putting the Pain Pictures B (large) on the presentation-size pain scale at the front. As they do this, have Ss say, for example, “a little pain / 3”, “a lot of pain / 9” or “some pain / 4”.

Note: *Since pain is subjective, T may point out that each group has different answers but they are equally “correct.”*

Activity 3: Dialogue practice

Material:

- Tap Sheet

Steps:

- Teacher models Q and A using Tap Sheet.

“Where do you have pain? → I have pain in my _____.”

Example: I have pain in my hand.

“How much pain do you have? → I have _____ pain.”

Example: I have a little pain.

- Ss practice with the Tap Sheet in groups.

Activity 4: Role Plays

Material:

- Wallet-size Pain Scale
- Visuals (large): nurse, doctor, hospital, clinic, office

Steps:

- Give one wallet-size Pain Scale card to all Ss to keep. Elicit from Ss where they might use it. (Doctor’s office, clinic, pharmacy etc.) Refer to large visuals as needed.
- Ss volunteer to role-play at the front of the class with the wallet-size Pain Scale as a prop. Student A = the patient, and has a pain picture (any) and Student B = the nurse, and has the pain scale.
- Other Ss watch and listen for the following: “Where does s/he have pain? How much pain does s/he have?”

Note: For Literacy level you may wish to use the following simpler structure: “She has pain? Yes? No? Where? How much pain?”

- T elicits answers.

Extension Activities

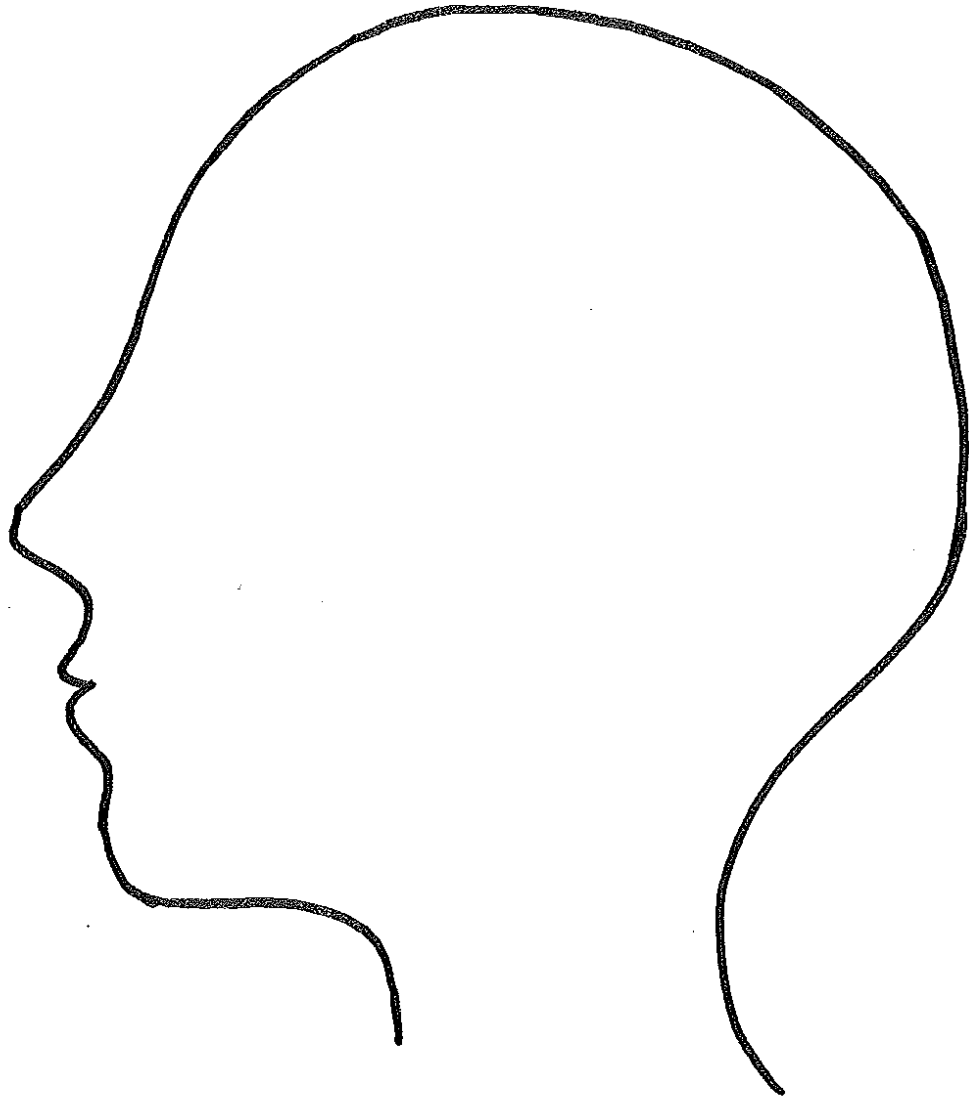
1. Strip story dialogue.

Ss use the Pain Pictures (small) and arrange strips of the role-play dialogue in the correct order. Ss then glue the dialogue strips on big paper or copy them.

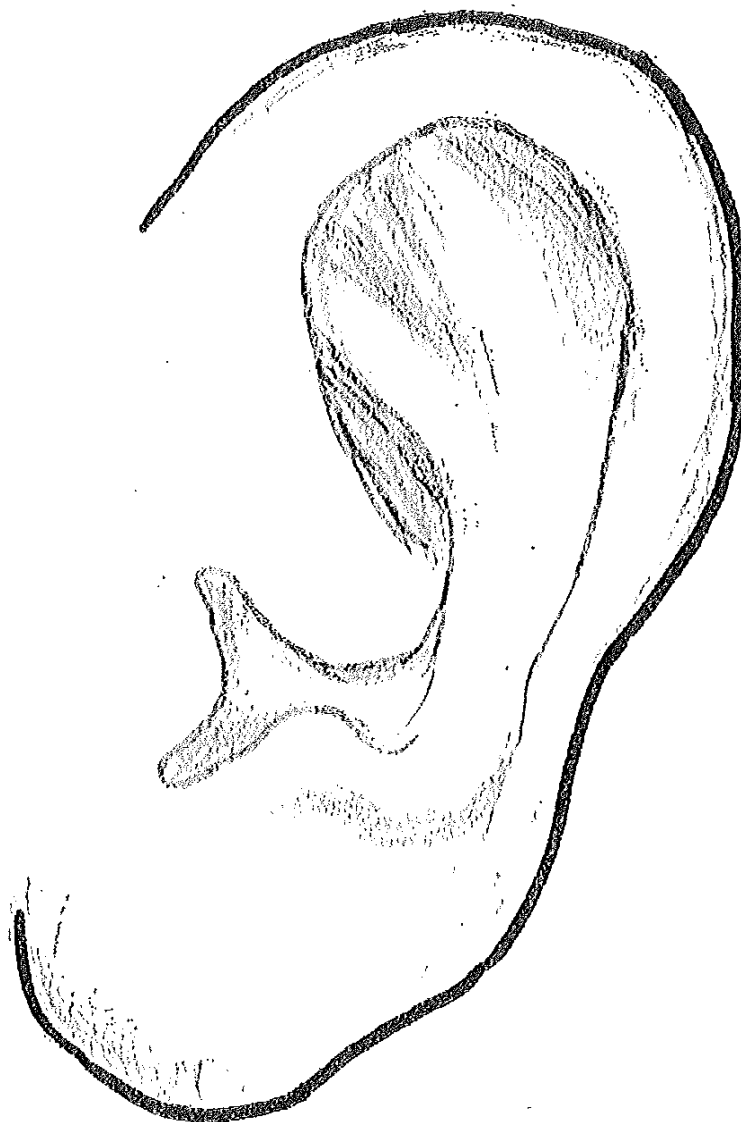
2. Body Part TPR.

Ss stand in a circle and point to a body part in turn. “I have pain in my _____.” Ss listen and say a different body part.

Body Parts Pictures (*large*)



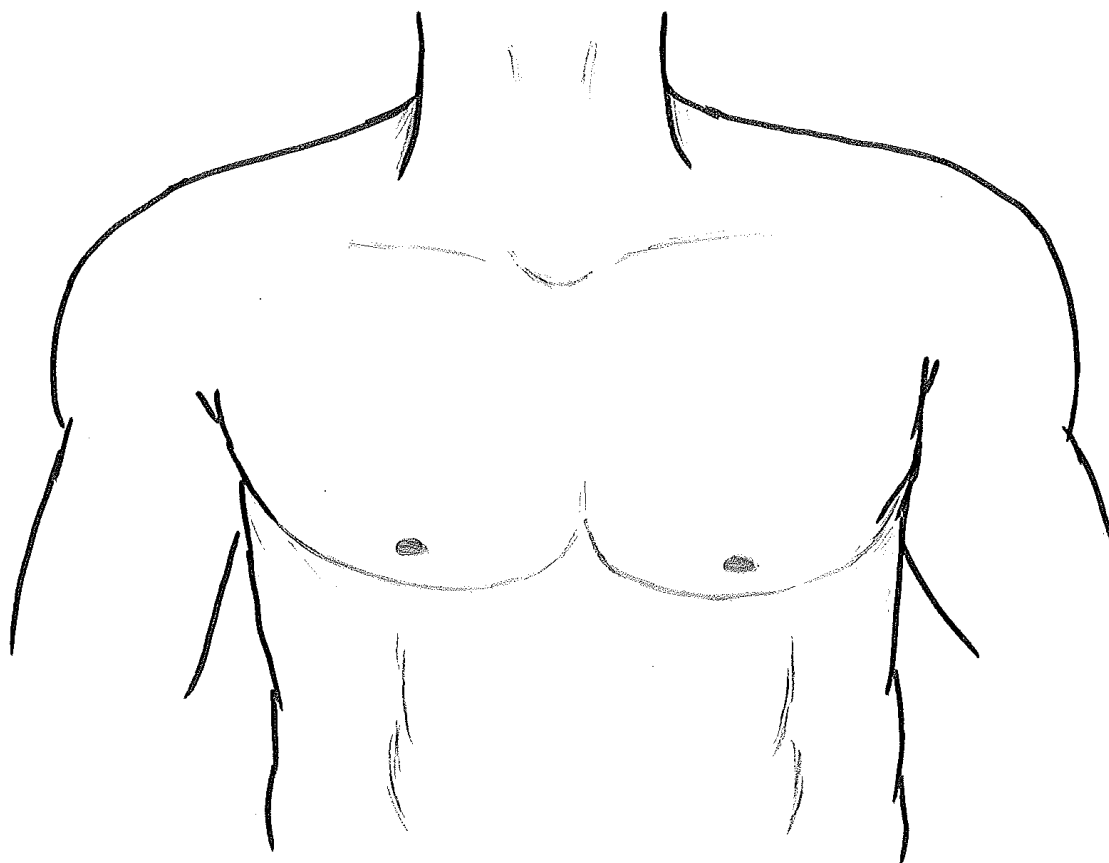
Body Parts Pictures (*large*)



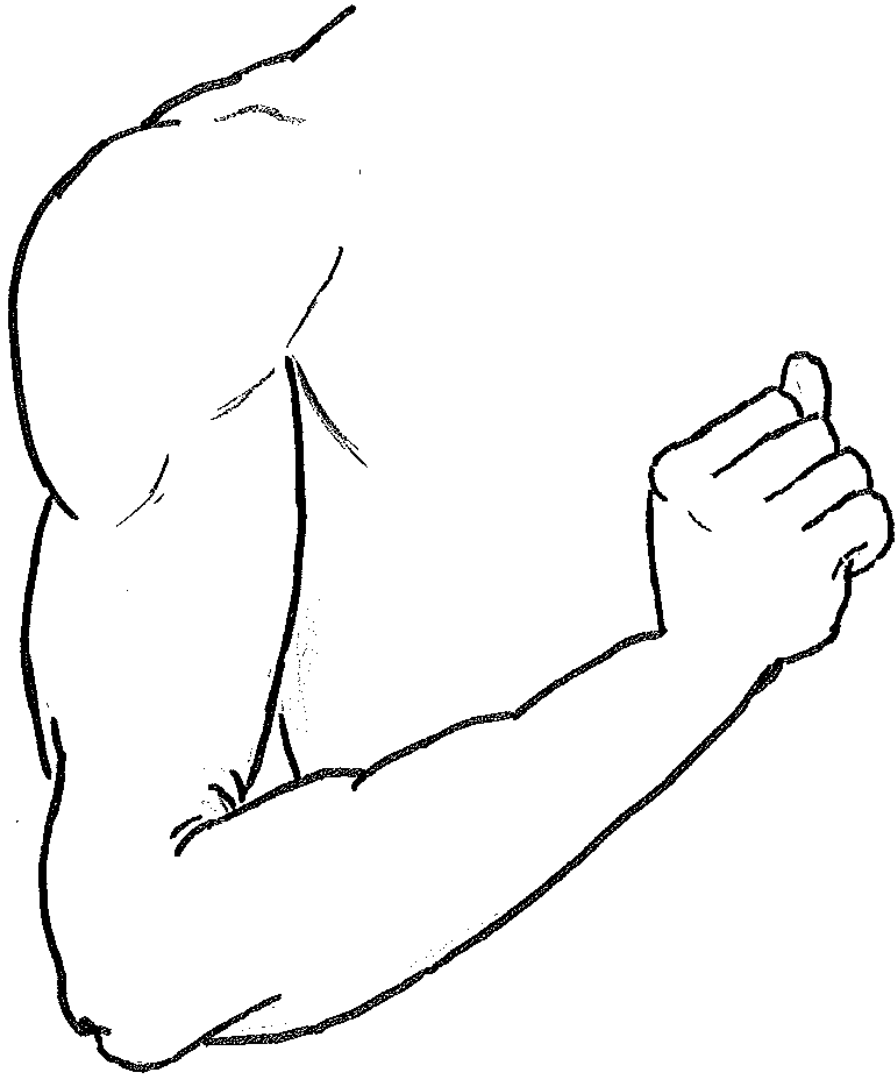
Body Parts Pictures (large)



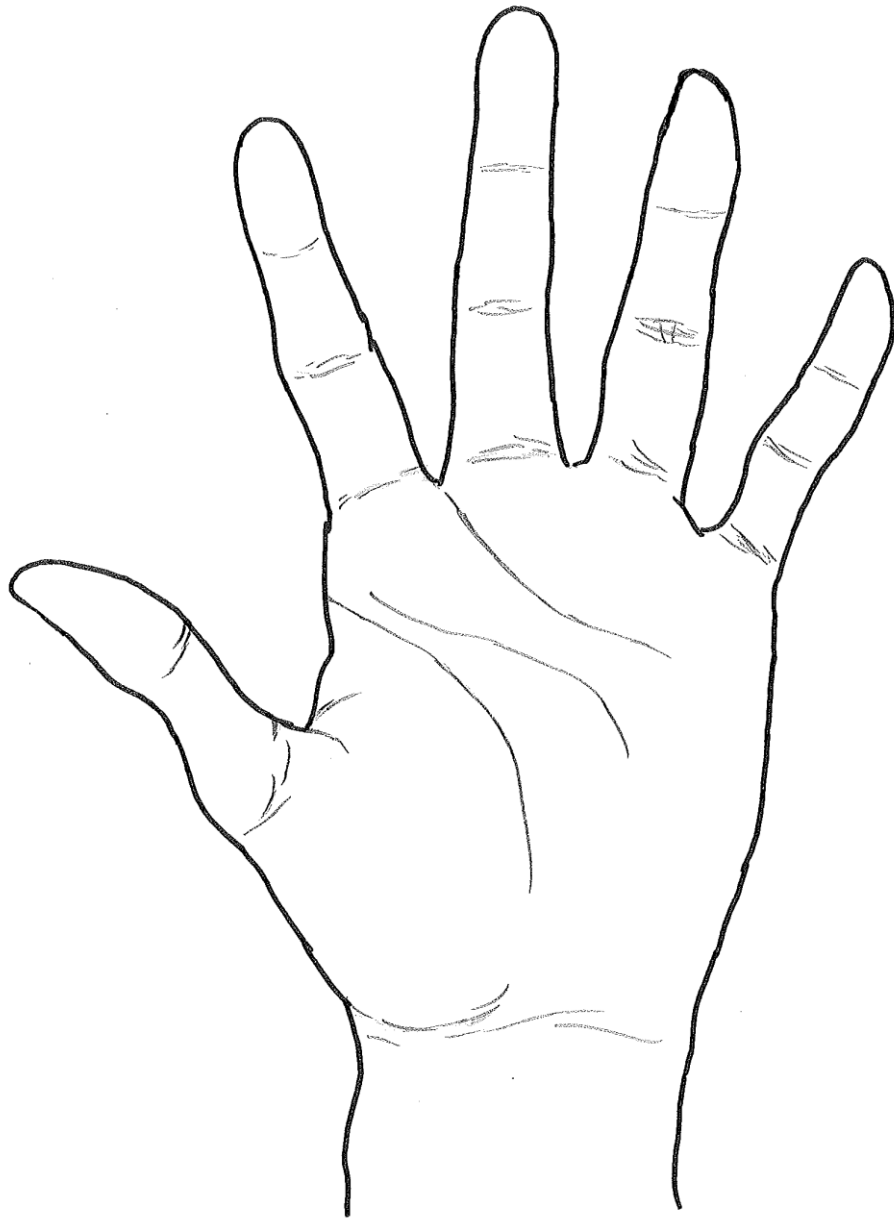
Body Parts Pictures (*large*)



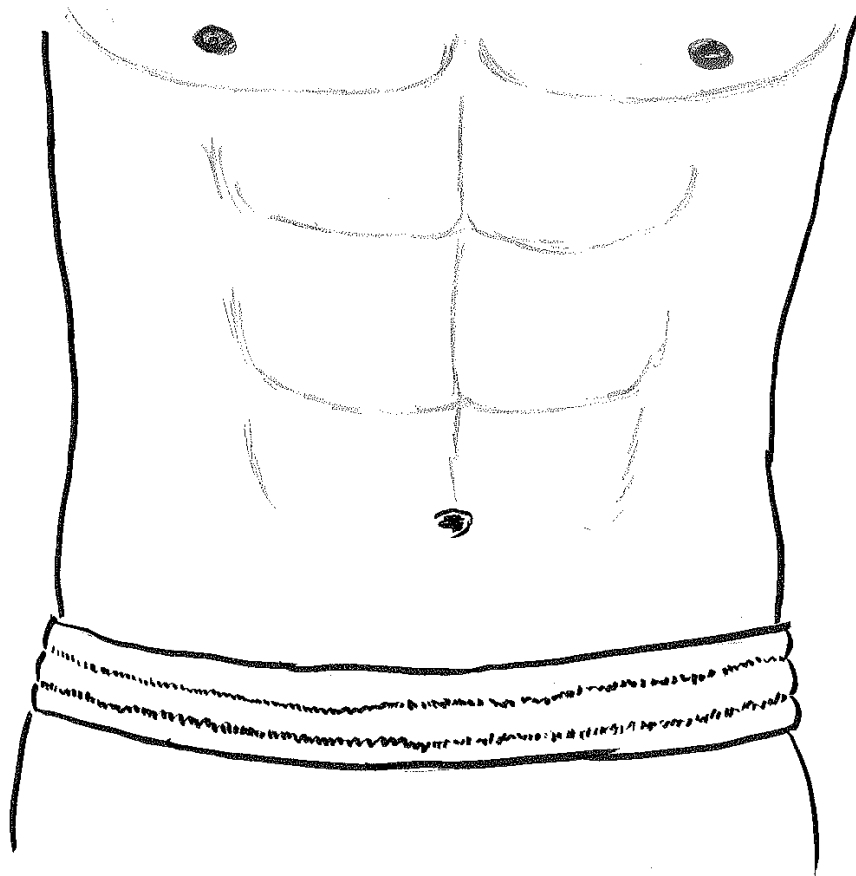
Body Parts Pictures (*large*)



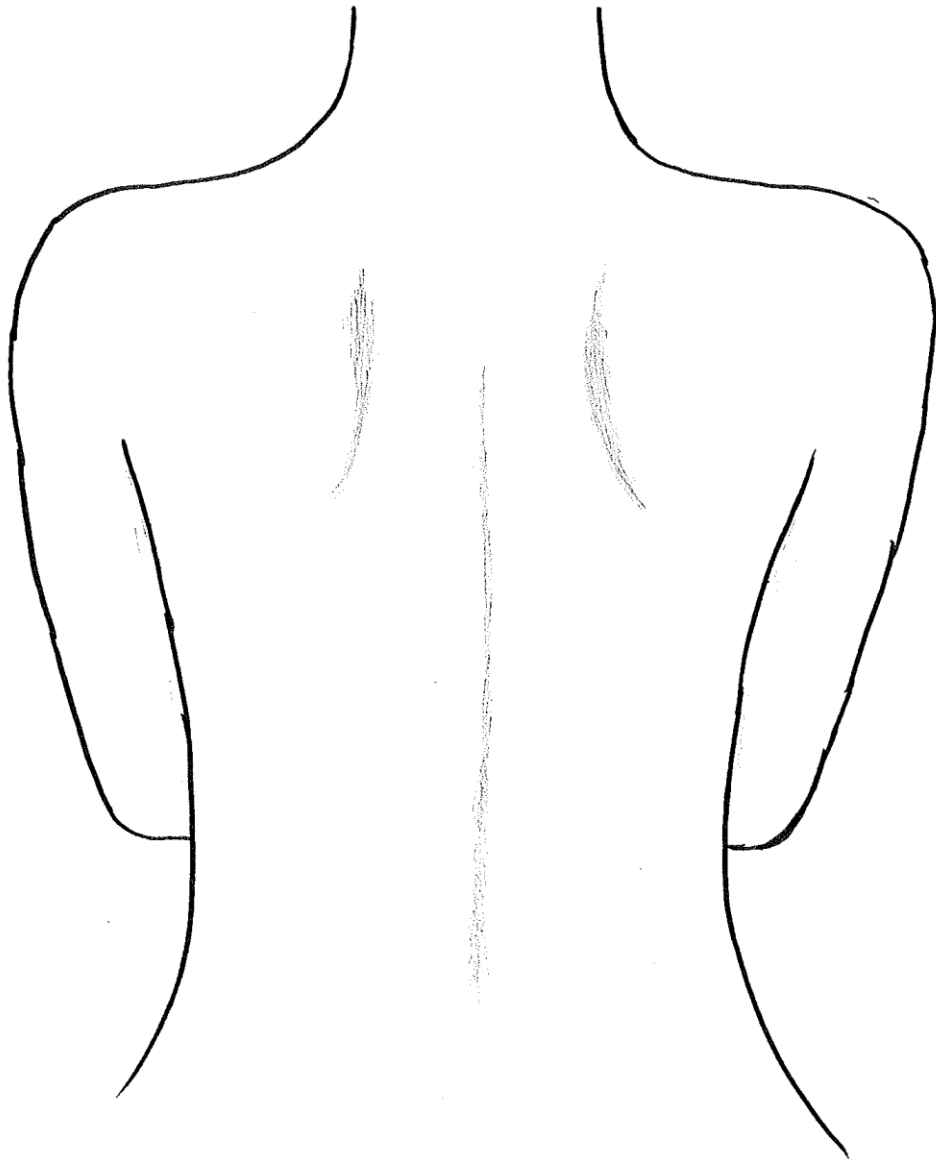
Body Parts Pictures (*large*)



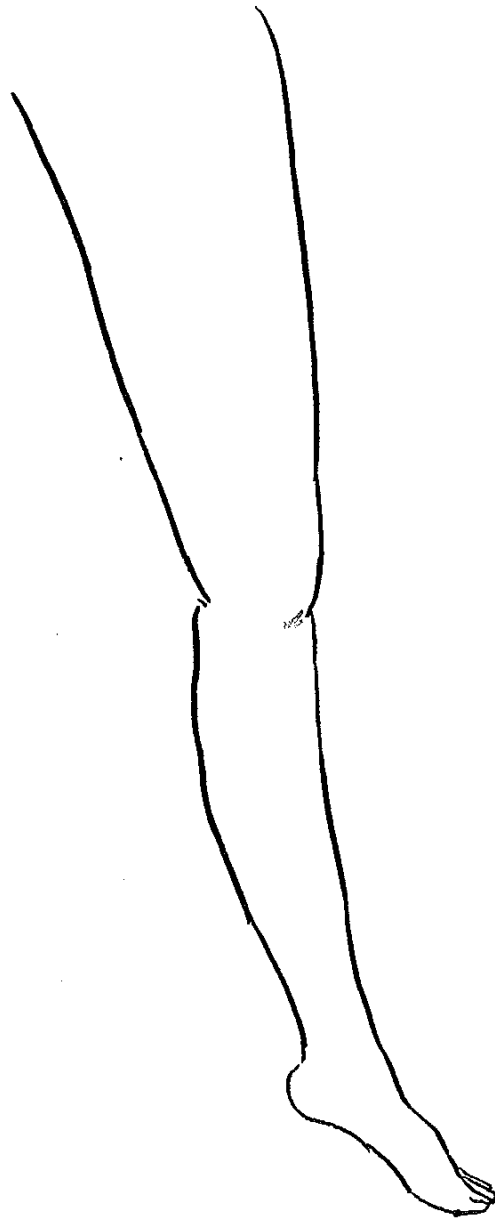
Body Parts Pictures (large)



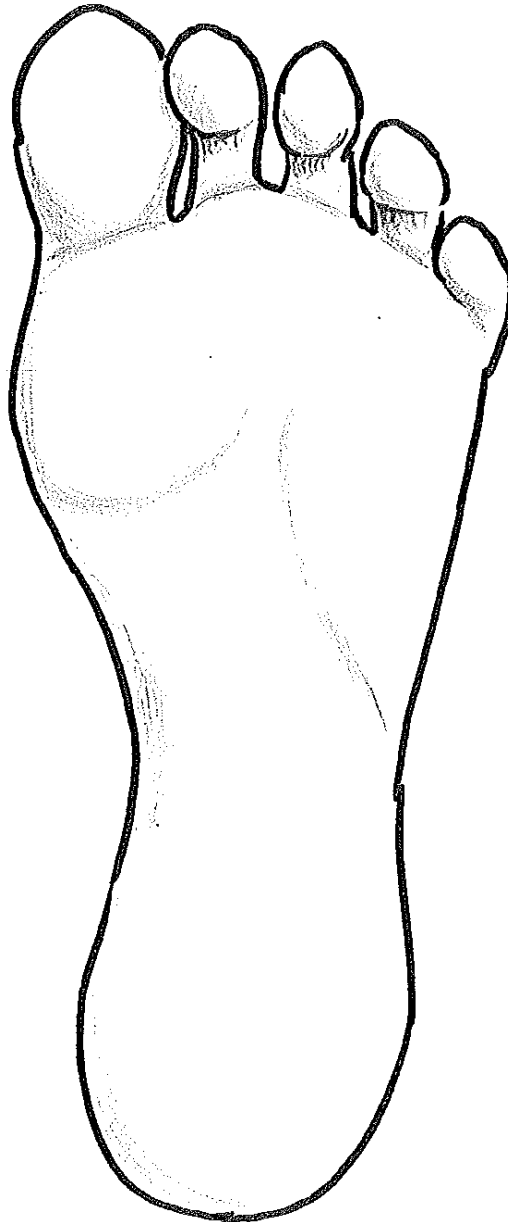
Body Parts Pictures (large)



Body Parts Pictures (*large*)



Body Parts Pictures (*large*)



Vocabulary Match Worksheet

Name: _____

Match the picture with the correct word.

Head

Ear

Tooth

Arm

Hand

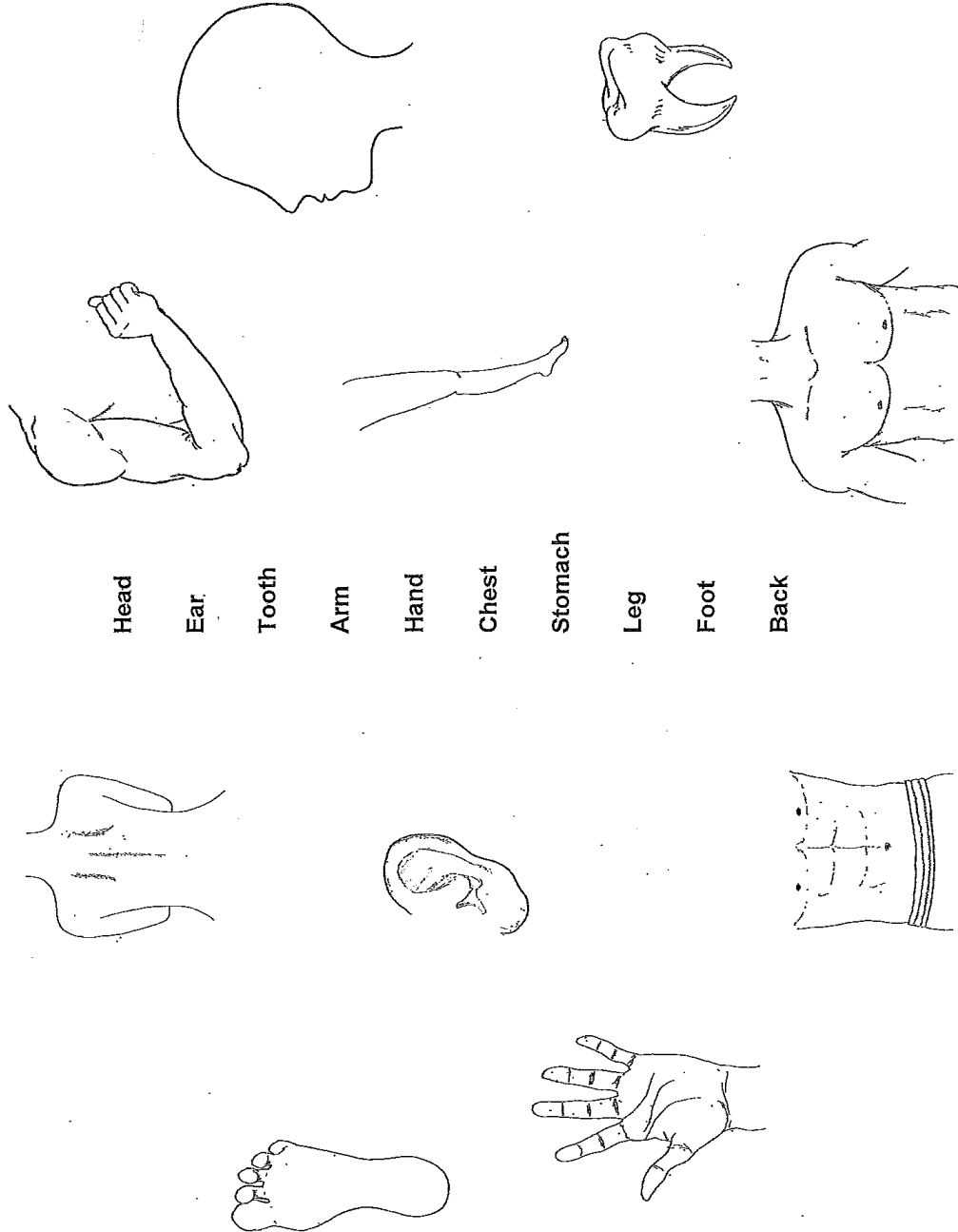
Chest

Stomach

Leg

Foot

Back



ELSA Literacy / Level 1

Scenario #1

Setting: A medical office

Donna is shuffling papers at her desk. Shirene, wearing scrubs, is working at another desk filling in forms.

Donna: Ow!

Shirene gets up.

Shirene: Hey, what's wrong?

Donna: I cut my finger. ***(Holding her finger)***

Shirene: Where do you have pain?

Donna: Here.

Shirene: How much pain do you have? A little or a lot?

Donna: A little pain.

Fade out

Scenario #2

Setting: A medical office

Donna bends over to put a folder in the bottom drawer of the filing cabinet. She accidentally hits her head on the open top drawer when she sits up. Shirene, wearing scrubs, is working at another desk filling in forms.

Donna: Ow! ***(Holding her head)***

Shirene looks over.

Donna: Ow!

Shirene: Are you okay?

Donna: No.

Shirene gets up and walks over to Donna.

Shirene: Where do you have pain?

Donna: Ow! In my head. I have pain in my head.

Shirene: How much pain do you have? A little? A lot? Some?

Donna: I have some pain.

Shirene closes open top drawer.

Shirene: Here. Sit and relax.

Fade out.

Scenario #3

Setting: A medical office

Donna is sitting at her desk. She stands up and accidentally bangs her knee on the leg of the desk. Shirene, wearing scrubs, is working at another desk filling in forms.

Donna: Ow! Ow!

Shirene looks over.

Shirene: Are you okay?

Shirene gets up and walks over to Donna.

Donna: Ow! No! Ow!

Shirene: Where do you have pain?

Donna: In my knee. Ow. ***(Holding her knee)***

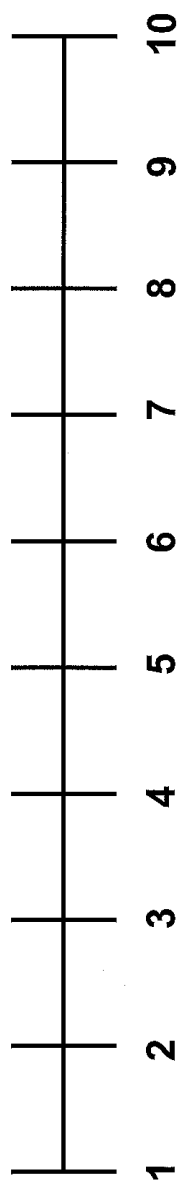
Shirene: How much pain do you have?

Donna: I have **a lot** of pain. Ow.

Fade out.

Pain Scale (*presentation size / large*)

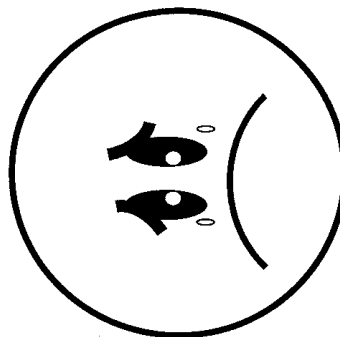
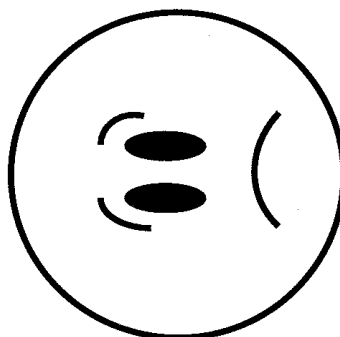
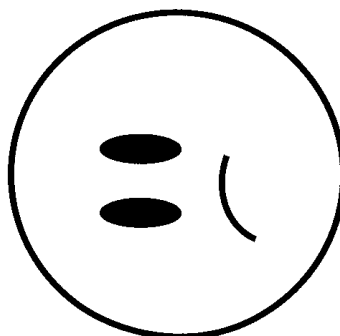
Pain Scale



a little

some

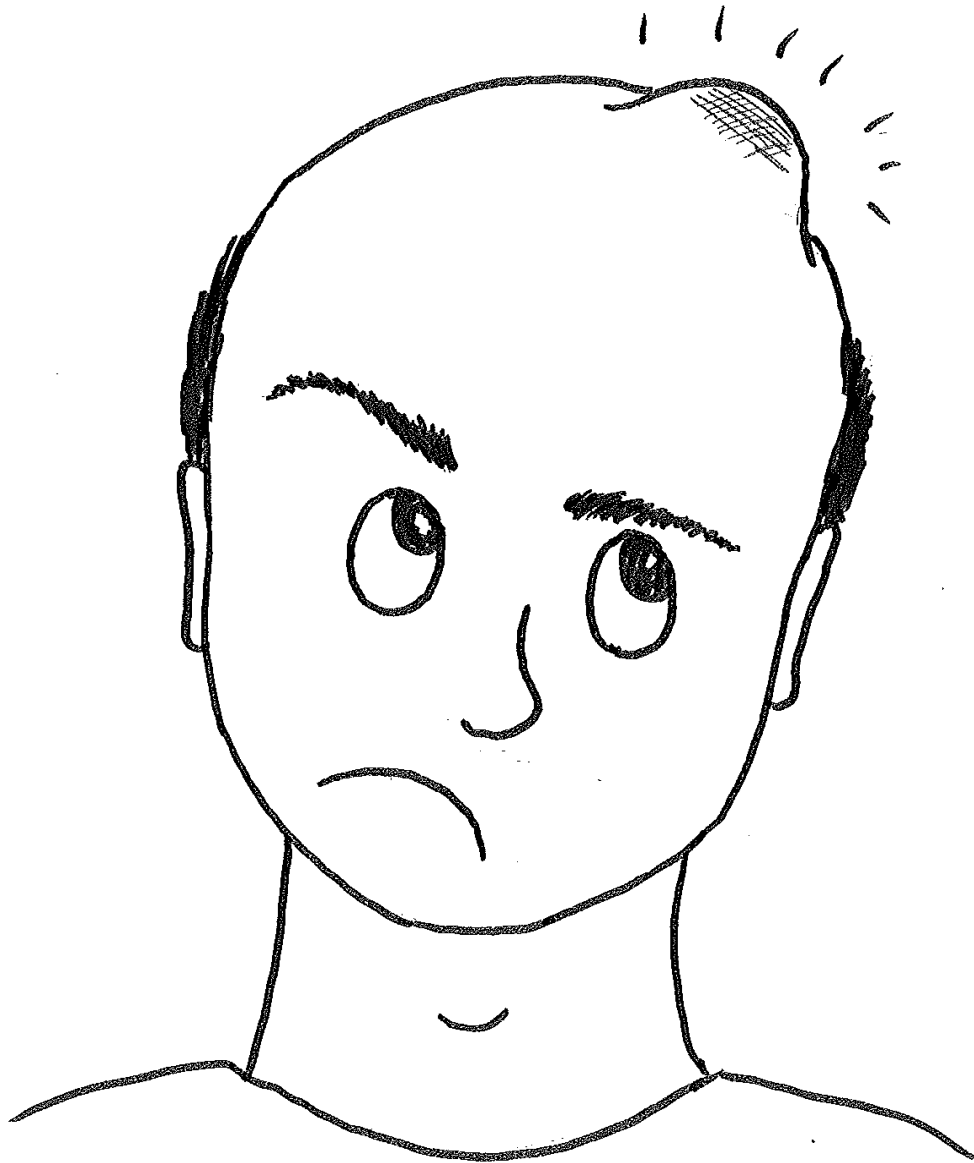
a lot of



Pain Pictures A (*large*)



Pain Pictures A (*large*)



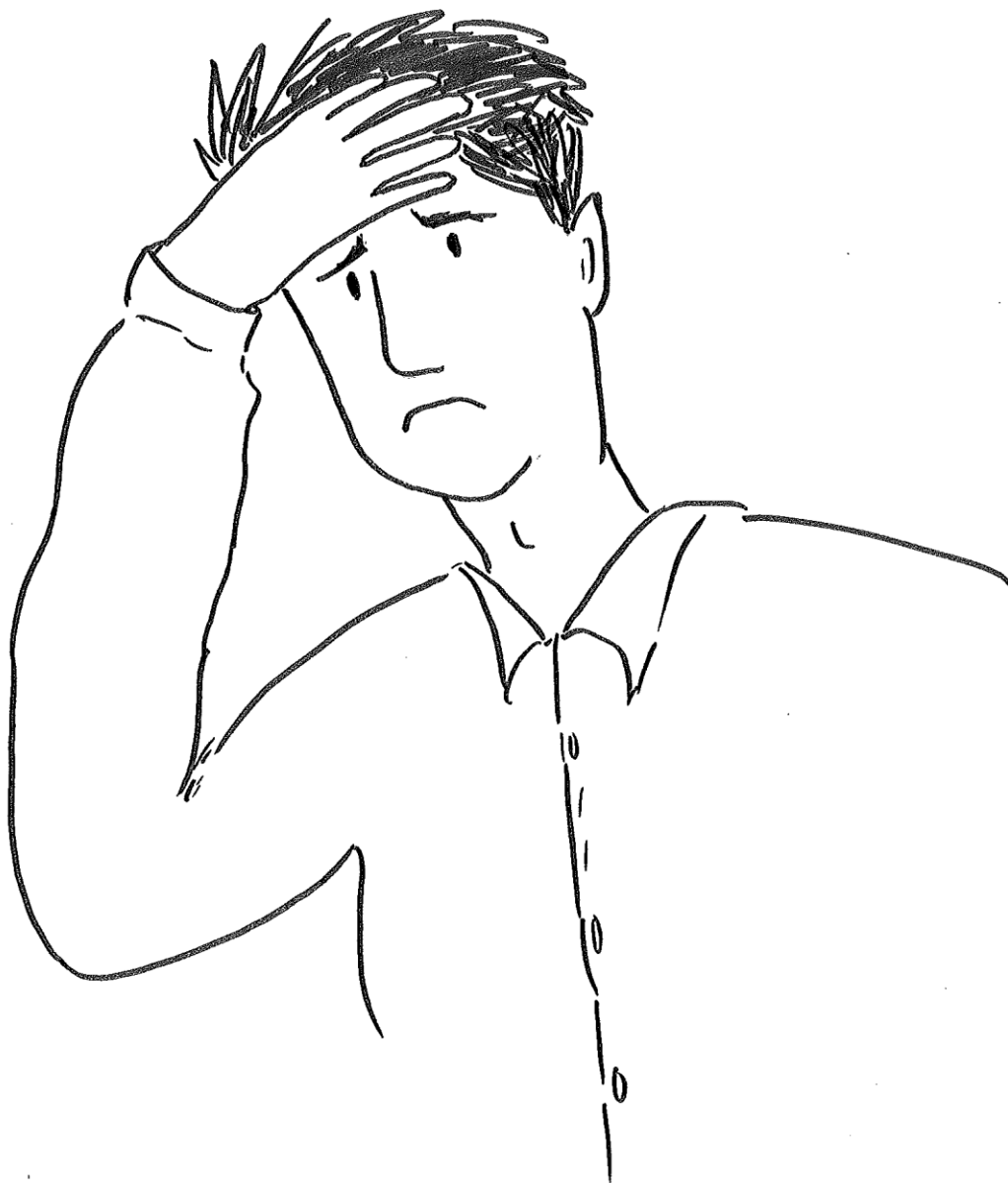
Pain Pictures A (*large*)



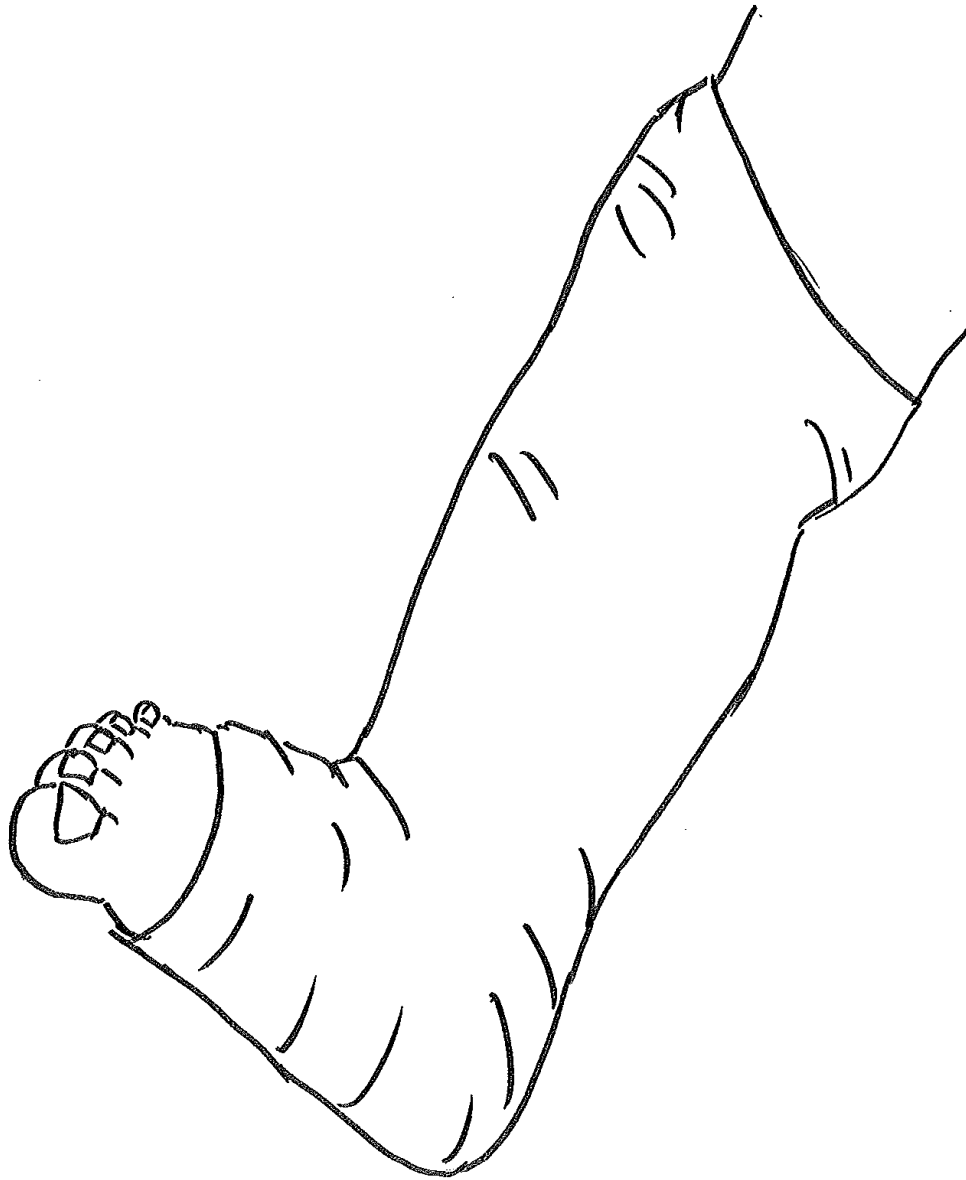
Pain Pictures B (large)



Pain Pictures B (*large*)



Pain Pictures B (*large*)



Pain Pictures B (*large*)



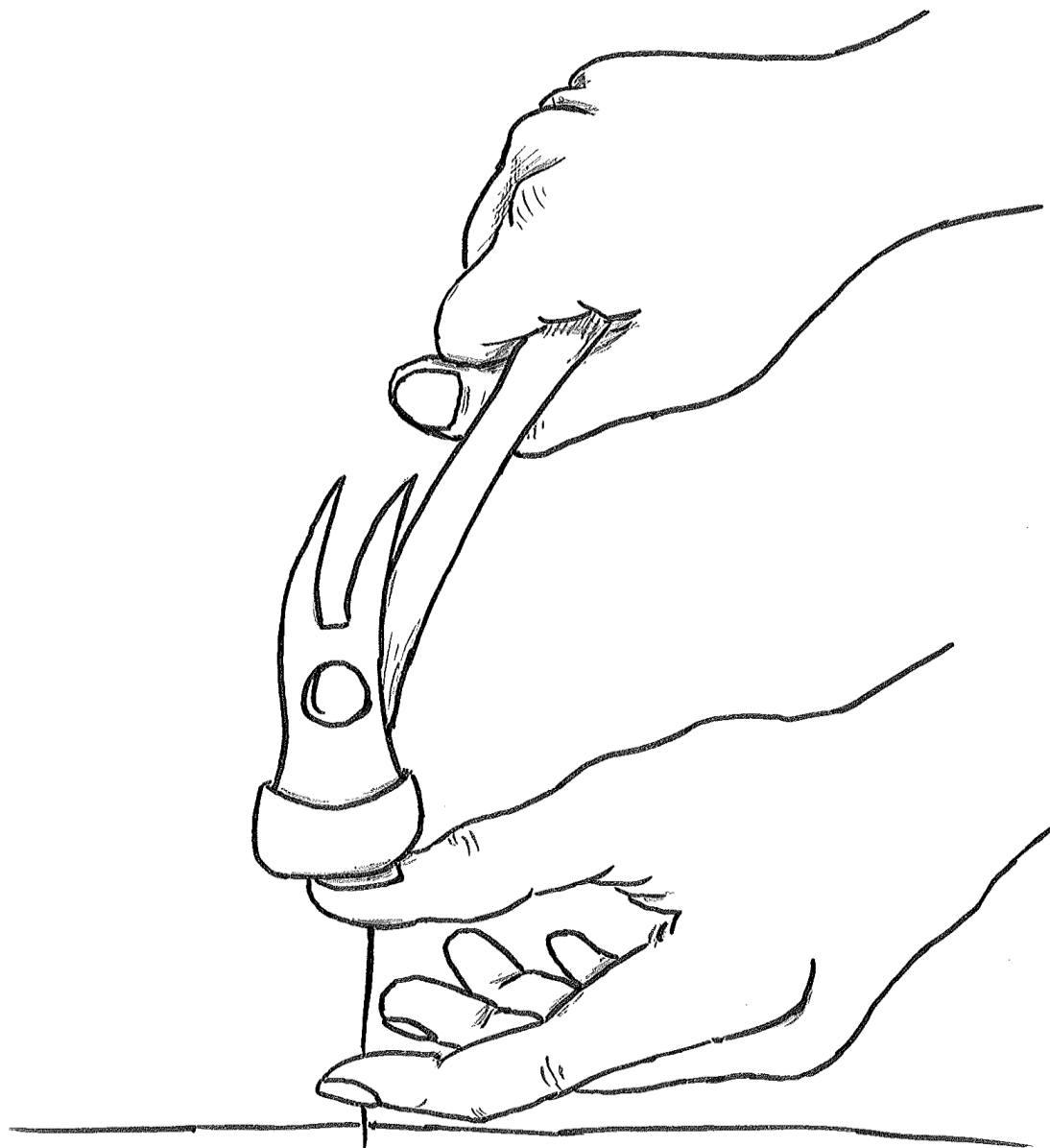
Pain Pictures B (large)



Pain Pictures B (*large*)



Pain Pictures B (*large*)



Pain Pictures B (*large*)



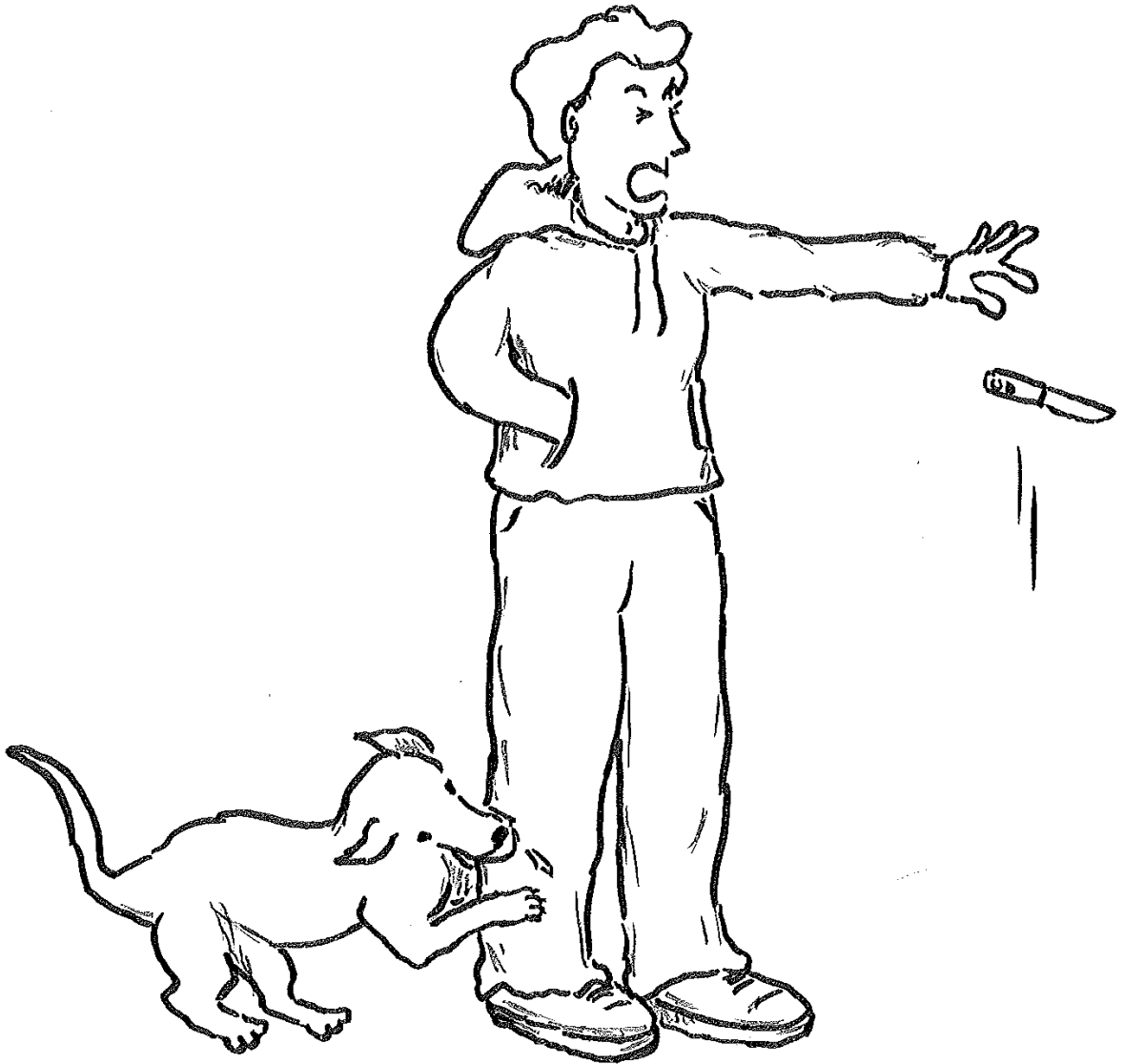
Pain Pictures B (large)



Pain Pictures B (large)



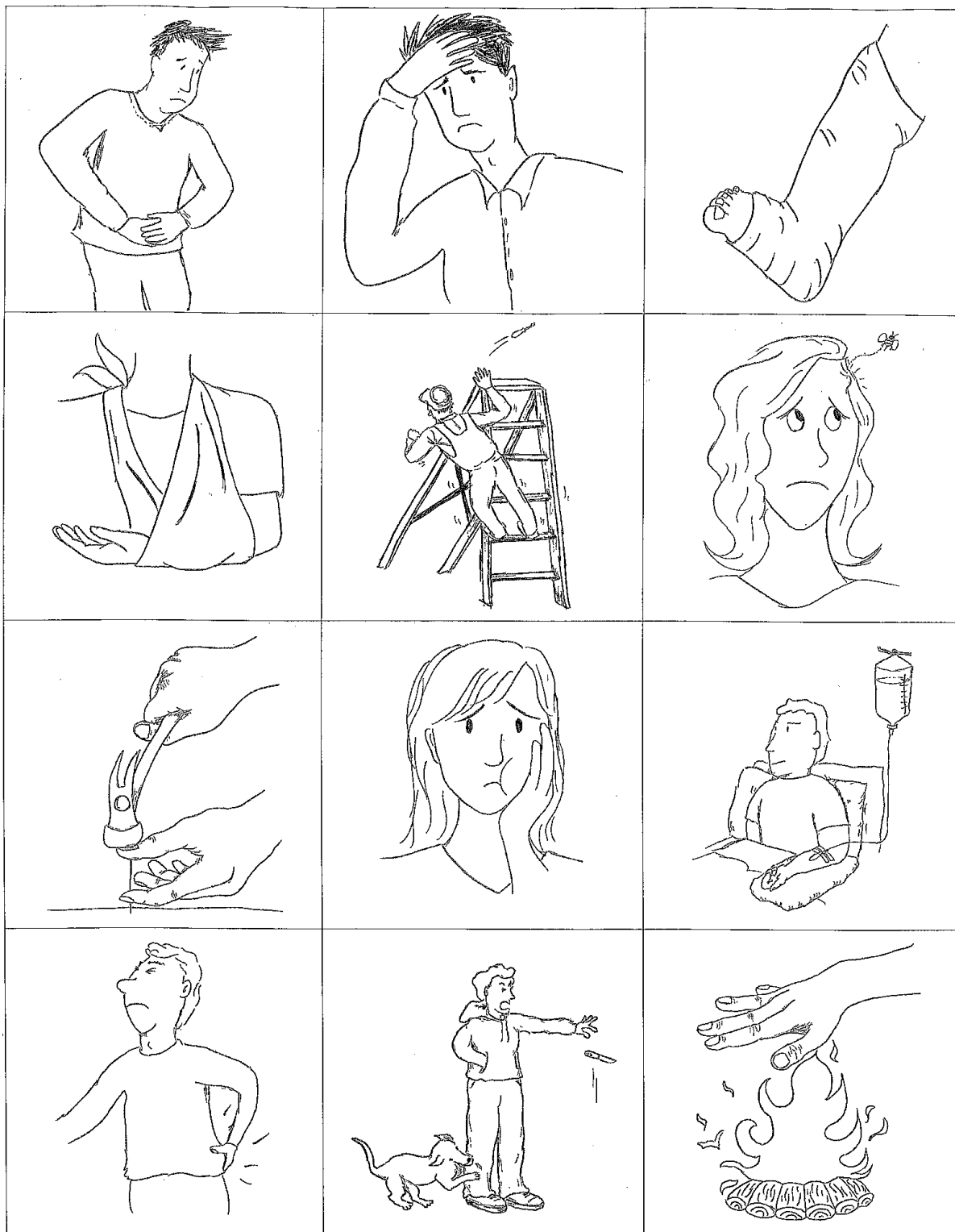
Pain Pictures B (large)



Pain Pictures B (large)

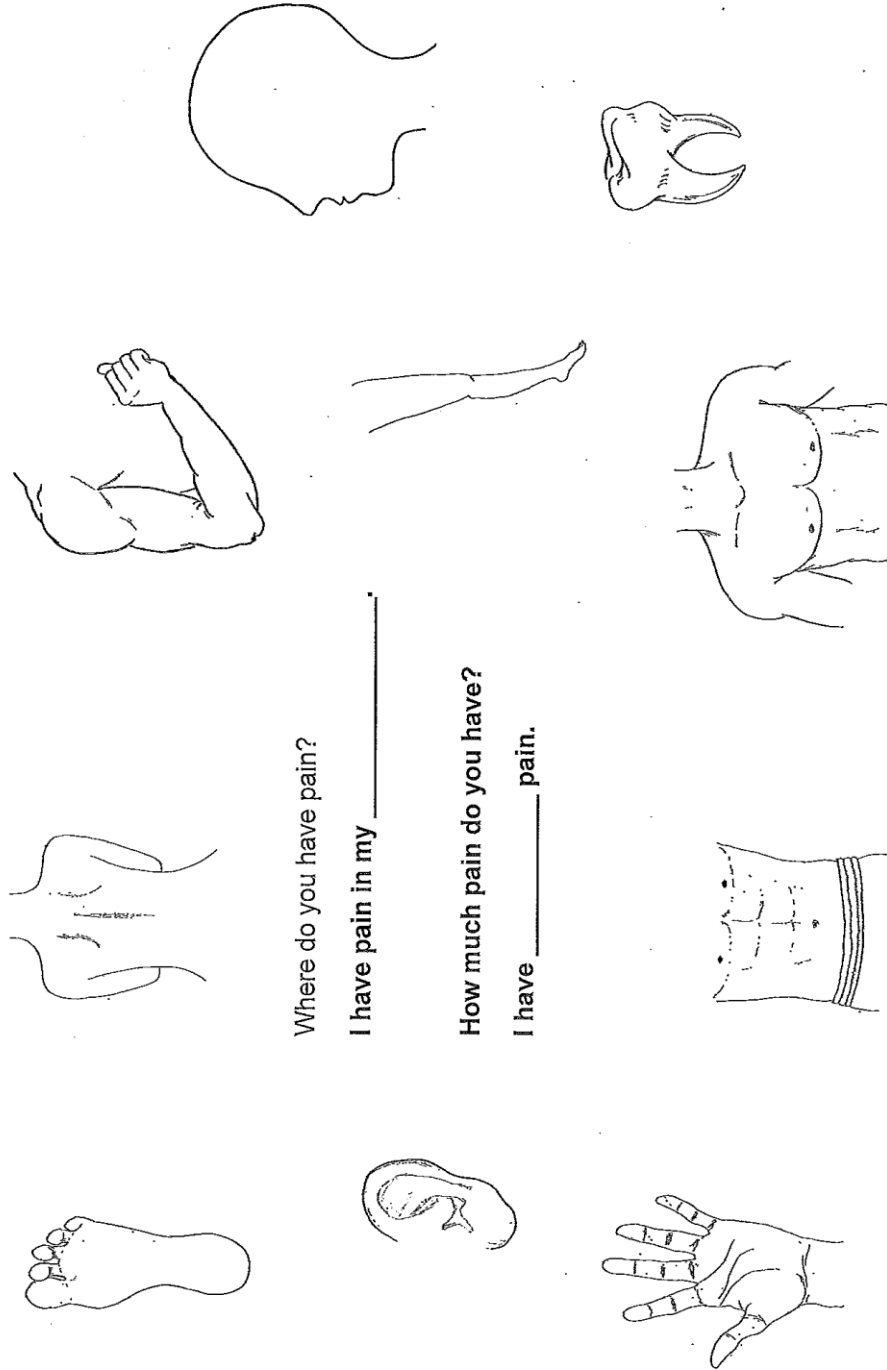


Pain Pictures B (small)



Tap Sheet

Name: _____



Tap Sheet

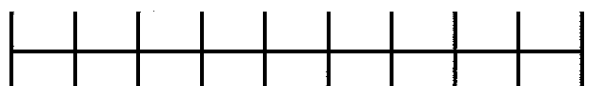
Pain Scale (wallet size)

Where do you have pain?

I have pain in my _____.

How much pain do you have?

I have _____ pain.



1 2 3 4 5 6 7 8 9 10

a little

some

a lot of



Where do you have pain?

I have pain in my _____.

How much pain do you have?

I have _____ pain.



1 2 3 4 5 6 7 8 9 10

a little

some

a lot of

