

Lesson Package

ELSA Level 2



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Level 2

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Talking About Pain Lesson Plan

ELSA Level: 2

Time: 2.5 - 3 hours

Learning Outcomes:

- Ss will be able to state the location of pain on their body.
- Ss will be able to use the pain scale to describe the level of their pain.
- Ss will be able to state if their pain comes and goes or stays.

Note: This topic may trigger negative memories for some Ss.

Suggested Approach:

Warm-up:

Material:

- Body Parts Pictures - large
- Vocabulary Worksheet

Steps:

- Pre-teach or elicit the body part names orally using large visuals.
- Body part TPR: Teacher says the name of a body part and Ss point to it on themselves. Do oral repetition. Ss stand up and point to the body part.

Example: "This is my hand." or "Show me your hand."

Option: Do chaining.

Example: Student A: "This is my hand." Student B: "This is my hand and this is my leg." Student C: "This is my hand and this is my leg and this is my arm." Etc.

- Spelling relay: 3 or more groups at the board take turns spelling the words as teacher or volunteer calls them out.

- Ss write the body part vocabulary words on the Vocabulary Worksheet. (In Groups or individually)

Activity 1: Talking About Pain Video

Material:

- Video: Talking About Pain - Level 2
- Video Script (optional)

Steps:

- Pre-teach / elicit concept of “pain” using gestures / mime.
- Pre-teach “a little pain”, “a lot of pain” and “some pain” using gestures / mime. Write these words on the board.
- Pre-teach rating your pain on a scale of one to ten. Elicit 1 - 3 = “a little”, 4 - 7 = “some pain” and 8 - 10 = “a lot of pain”. Write the numbers under the words on the board.
- Watch “Talking About Pain” Video once. Then, write on the board:
 - Where does she have pain?
 - How much pain does she have?
 - How does she rate her pain?
 - When did her pain start?
 - Does her pain stay for a long time or does it come and go?
- Watch each scenario again, pausing after each, asking the above questions and eliciting answers. Point to the vocabulary on the board to prompt Ss.
- Refer to Video Script as needed.

Activity 2: Describing Pain

Material:

- Pain Scale - presentation size
- Pain Scale - large
- Pain Pictures A - large
- Pain Pictures B - large and small

Steps:

- Put up presentation-size Pain Scale and large Pain Pictures A. Teacher places each of the Pain Pictures A on the scale as a model. (Cut on the finger = a little pain, a bump on the head = some pain, a broken arm = a lot of pain)
- Point at each of the pictures and ask again: “How much pain does she have? How does she rate the pain?”
- In groups, Ss put Pain Pictures B (small) onto the large Pain Scale.
- Check answers: Groups report answers by standing up and putting the Pain Pictures B (large) on the presentation-size Pain Scale at the front. As they do this, have Ss say, for example, “a little pain / 3”, “a lot of pain / 9” or “some pain / 4”.

Note: *Since pain is subjective, T may point out that each group has different answers but they are equally “correct.”*

Activity 3: Dialogue practice

Material:

- Speaking Activity Worksheet
- Pain Pictures B - small
- Pain Scale - large

Steps:

- Ss do dialogue practice with a partner using the material. Ss practice asking full questions and making full sentence answers.

Where do you have pain? →

I have pain in my _____.

Example: *I have pain in my leg.*

How much pain do you have? →

I have _____ pain.”

Example: *I have a little pain.*

What would you rate your pain out of 10? →

I would rate my pain ____ out of ____.

Example: *I would rate my pain 3 out of 10.*

When did your pain start? →

My pain started _____ ago.

Example: *My pain started about an hour ago.*

Does your pain stay for a long time or does it come and go? →

My pain _____.

Example: My pain comes and goes.

Note: Since pain is subjective, T may point out that each group has different answers but they are equally “correct”.

Activity 4: Role Plays

Material:

- Pain Scale - wallet size

Steps:

- Give one wallet-size Pain Scale card to each S to keep. Elicit from Ss where they might use it. (Doctor’s office, clinic, pharmacy etc.)
- Ss volunteer to do role-play at the front of the class with the wallet-size Pain Scale as a prop.
- Other Ss watch and listen for the following: “Where is the pain? How much pain does he/she have? What does he / she rate the pain? When did the pain start? Does it come and go or stay for a long time?”
- T elicits answers.

Extension Activities

1. Explain what happened

Example: I fell off a ladder / got stung by a bee / broke my leg, etc.

Material:

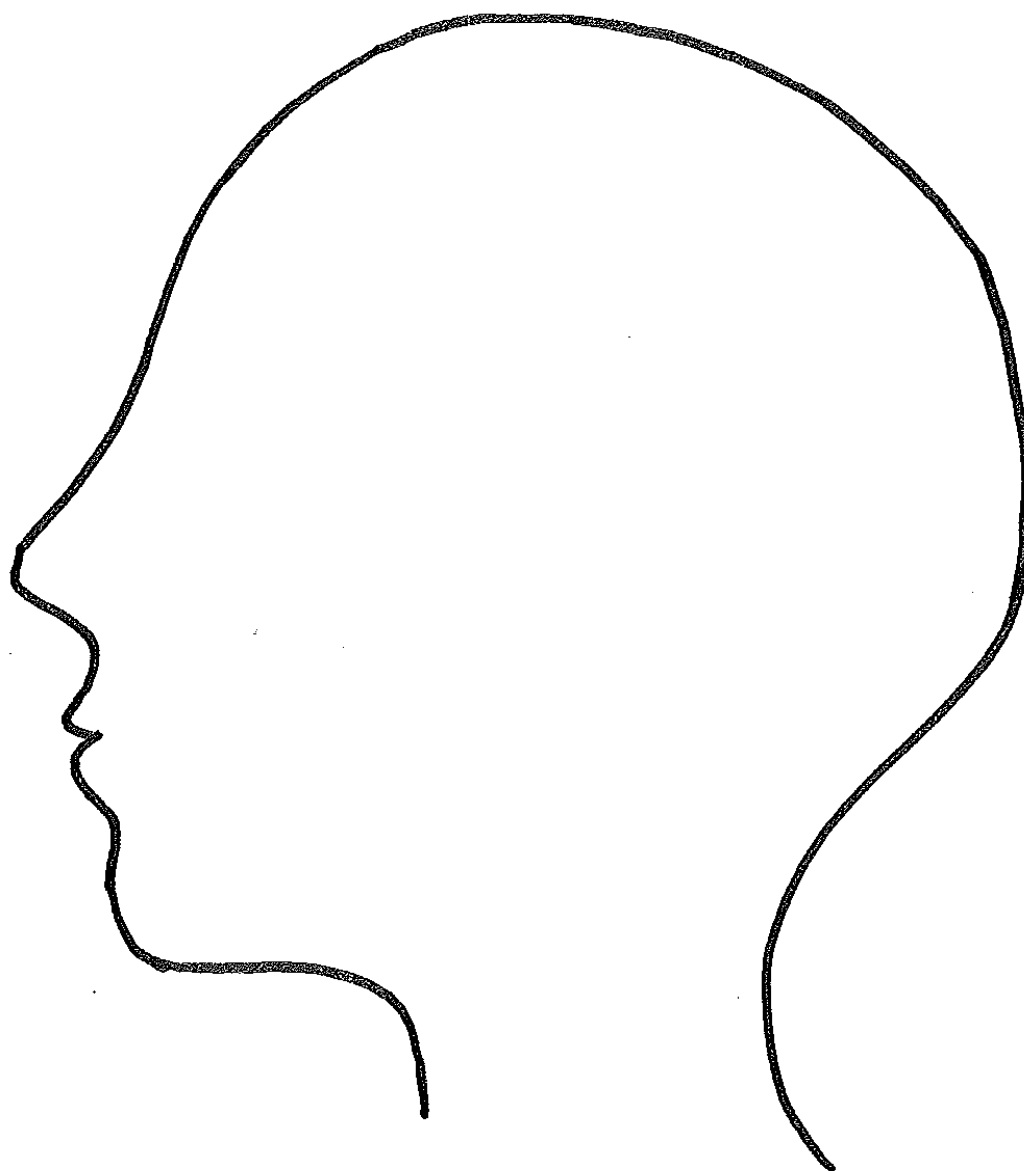
- Pain Pictures B

Steps:

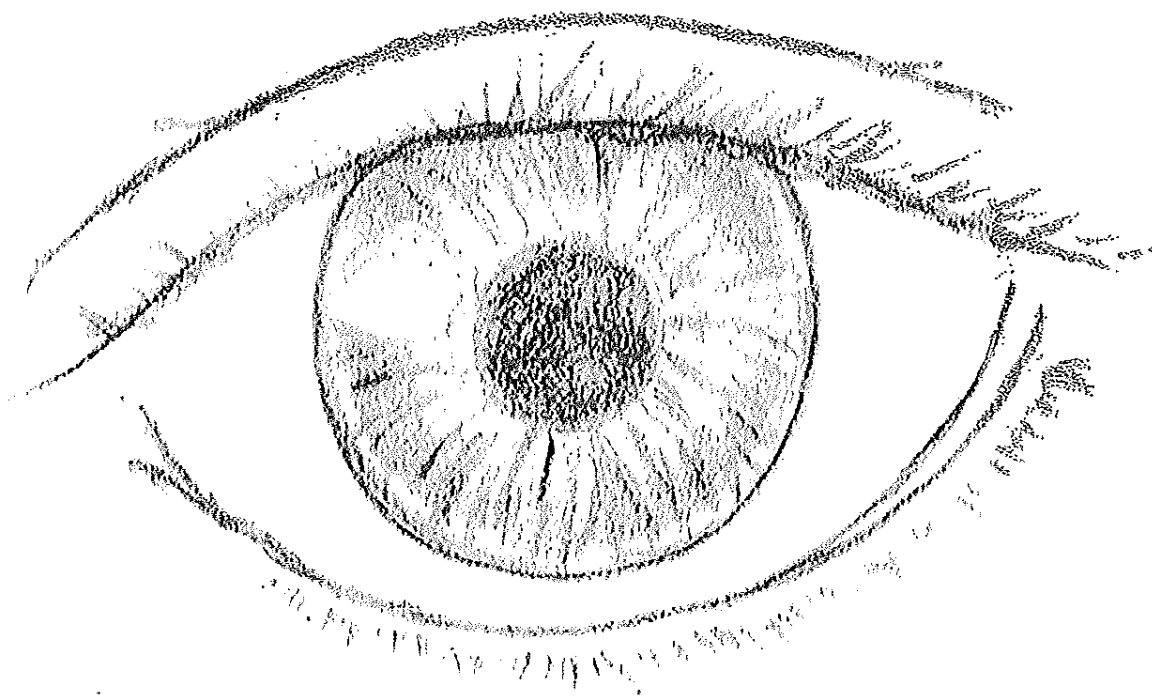
- T elicits language orally for each picture.
- Ss match the pictures with descriptions. (T needs to create descriptions)

- T models Q and A using this language. **Example: “What happened?” “I fell off a ladder.”** Then Ss practice in pairs / groups using small Pain Pictures B.
- Review and extend the dialogue practiced in Activity 3 by incorporating this.

Body Parts Pictures (*large*)



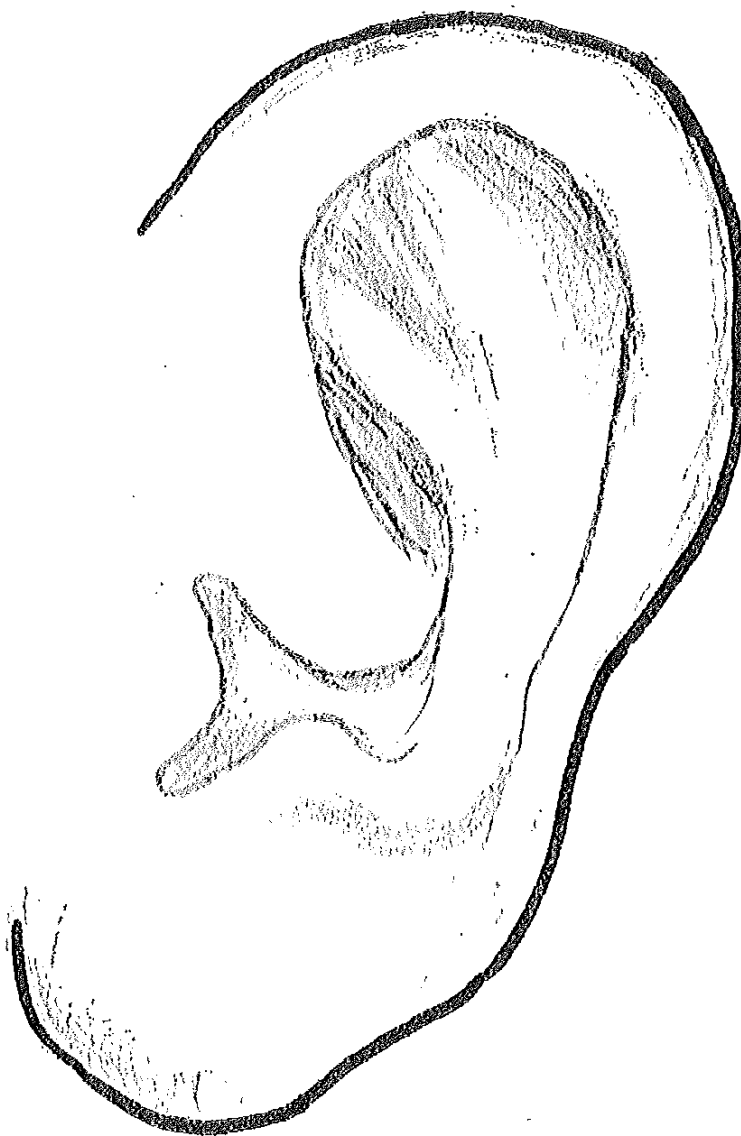
Body Parts Pictures (*large*)



Body Parts Pictures (*large*)



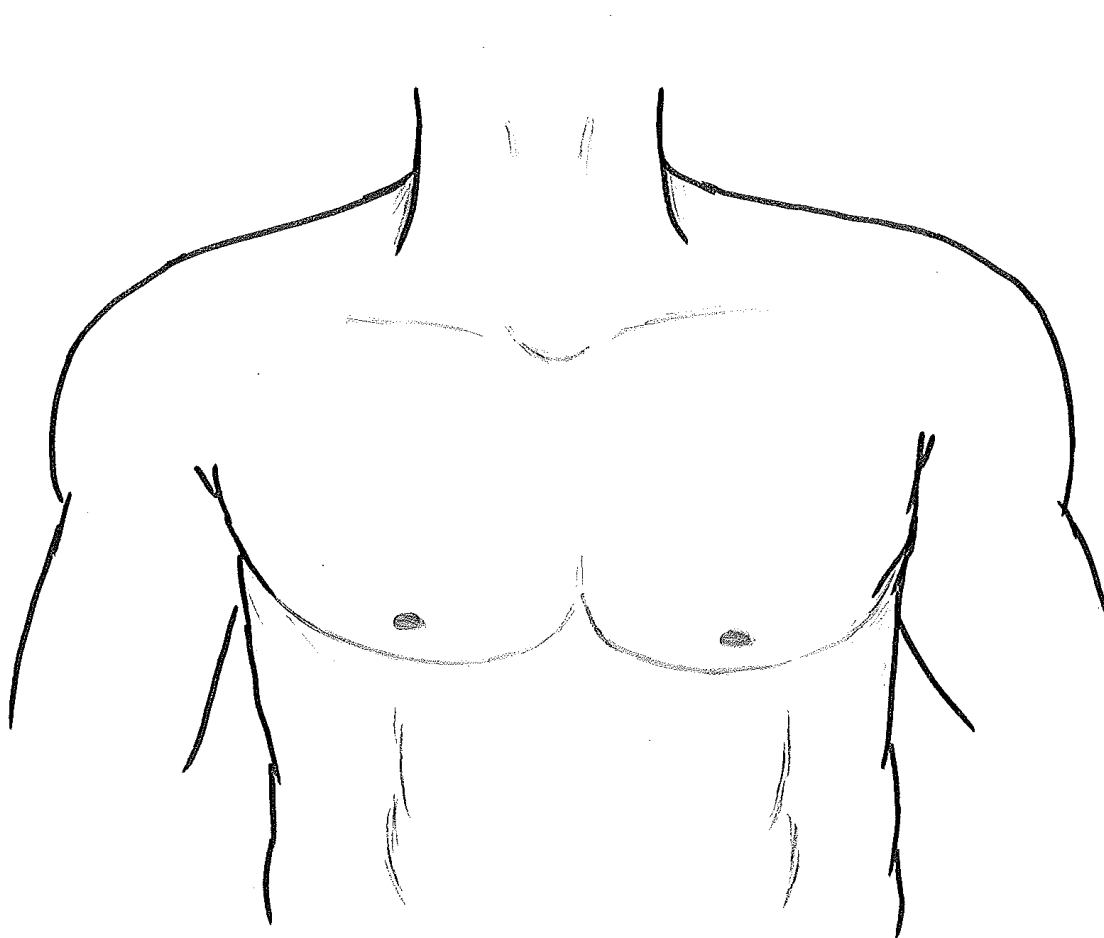
Body Parts Pictures (*large*)



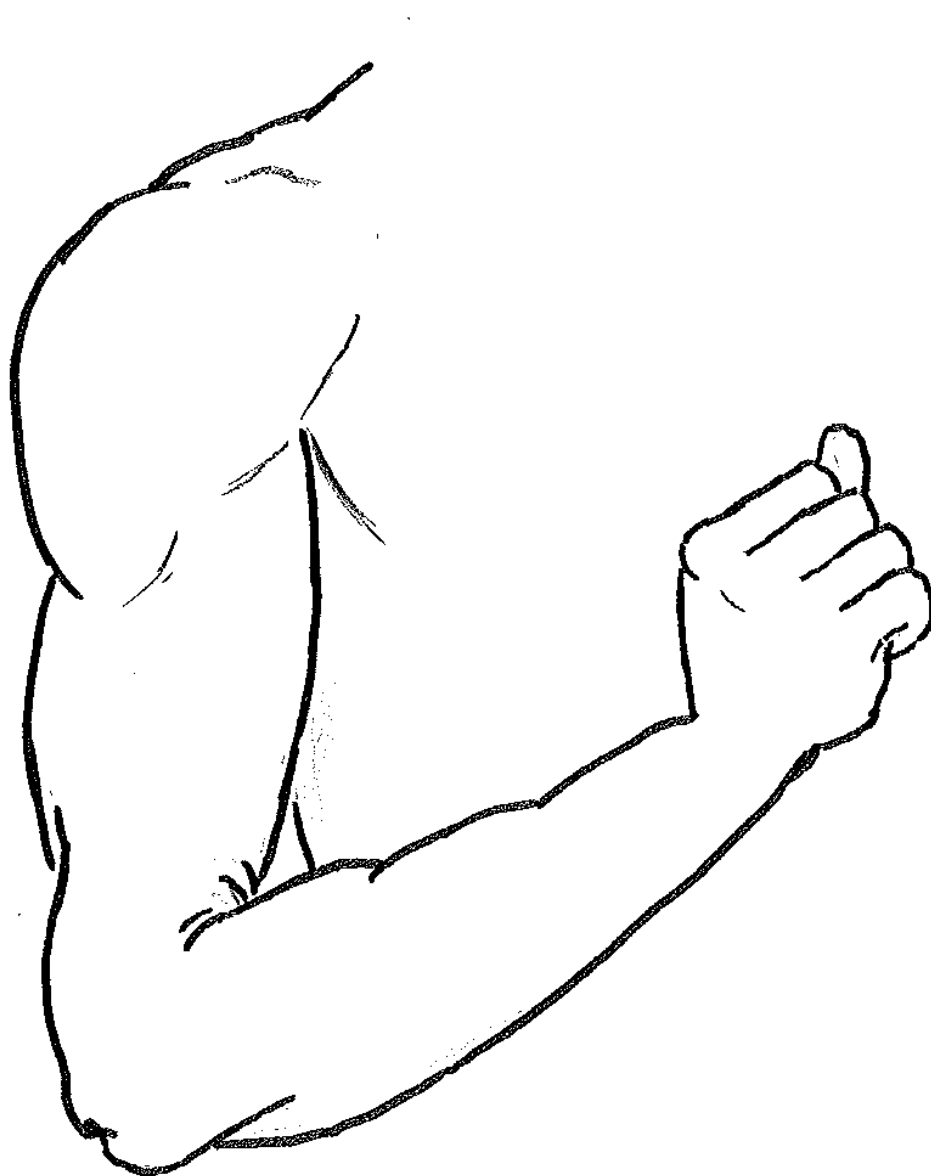
Body Parts Pictures (*large*)



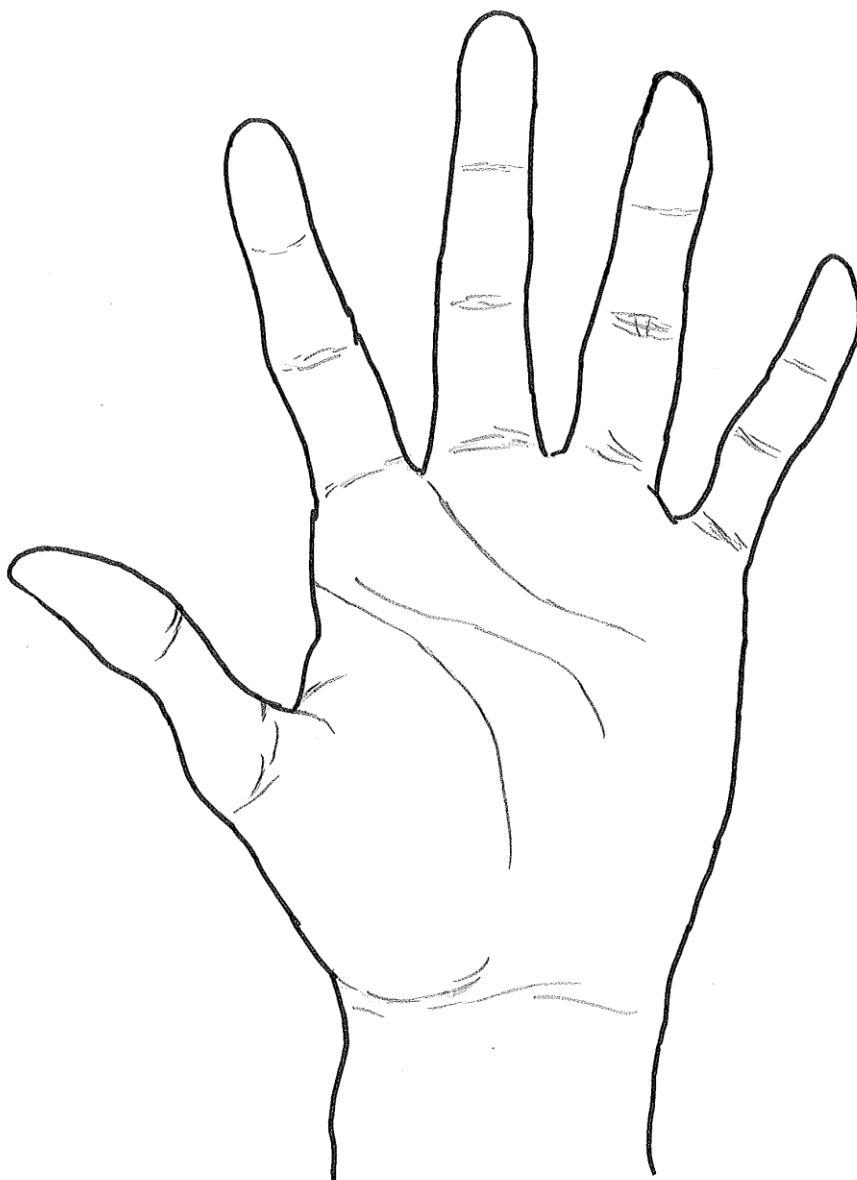
Body Parts Pictures (*large*)



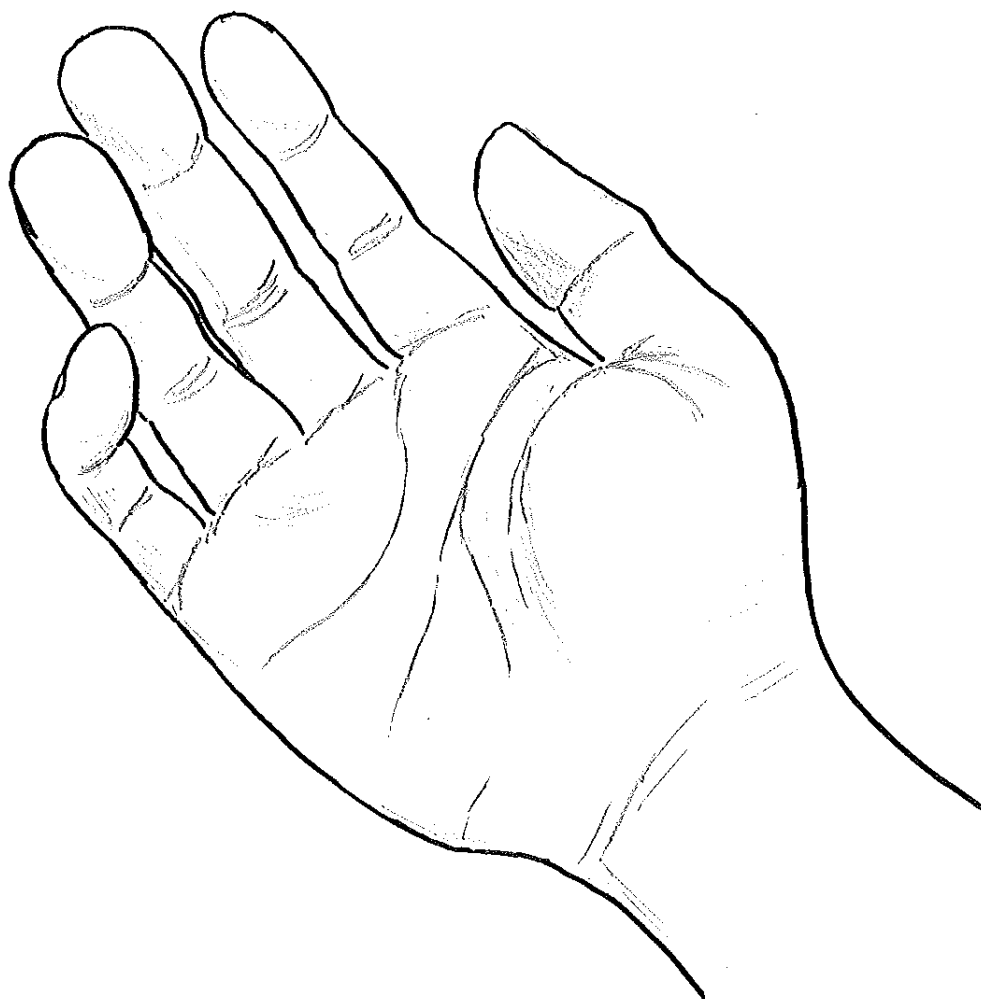
Body Parts Pictures (*large*)



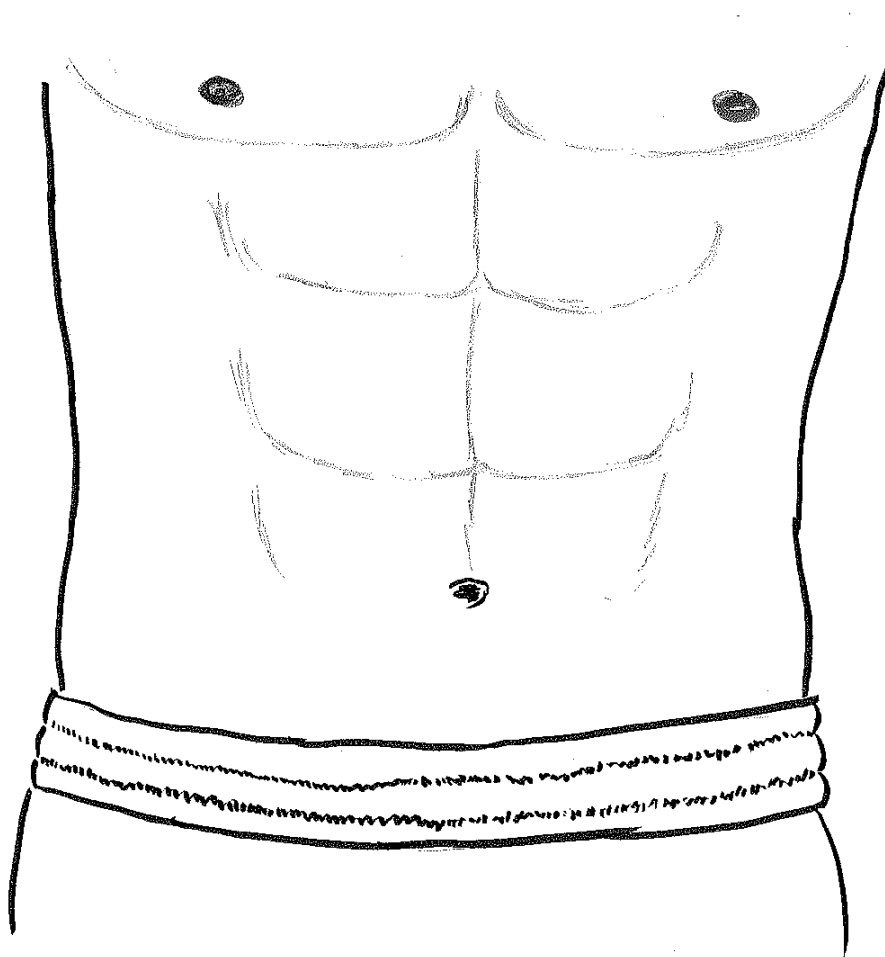
Body Parts Pictures (*large*)



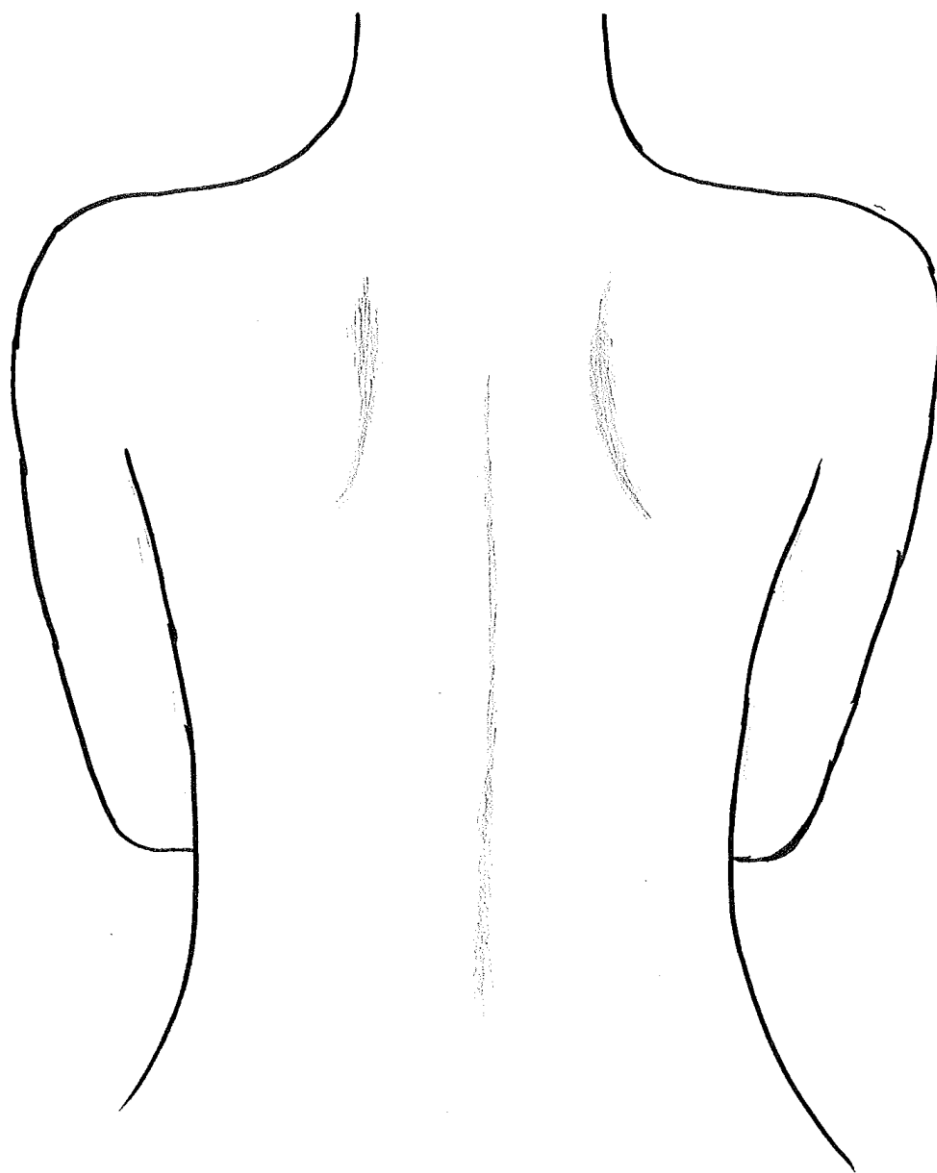
Body Parts Pictures (*large*)



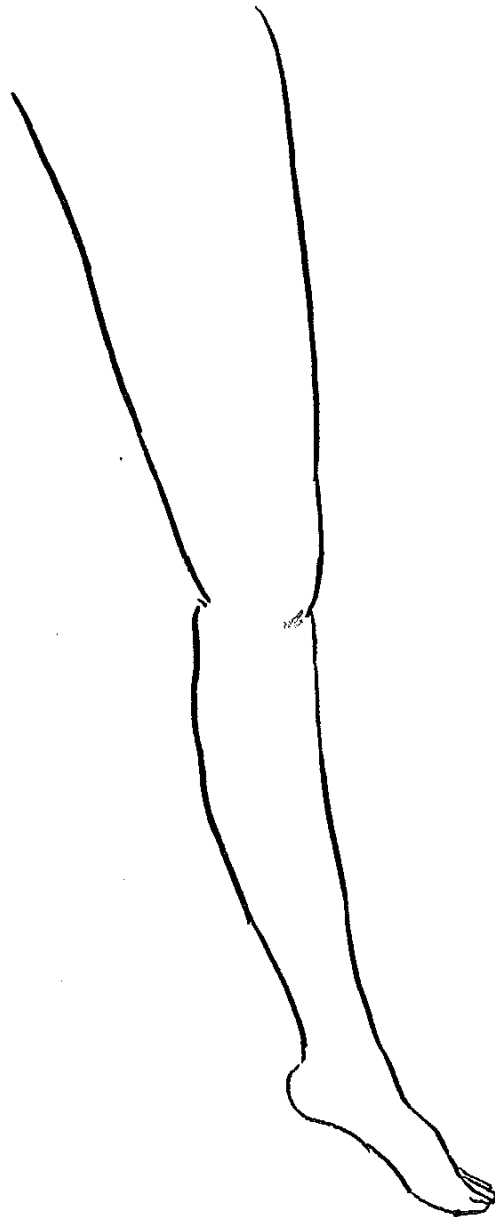
Body Parts Pictures (*large*)



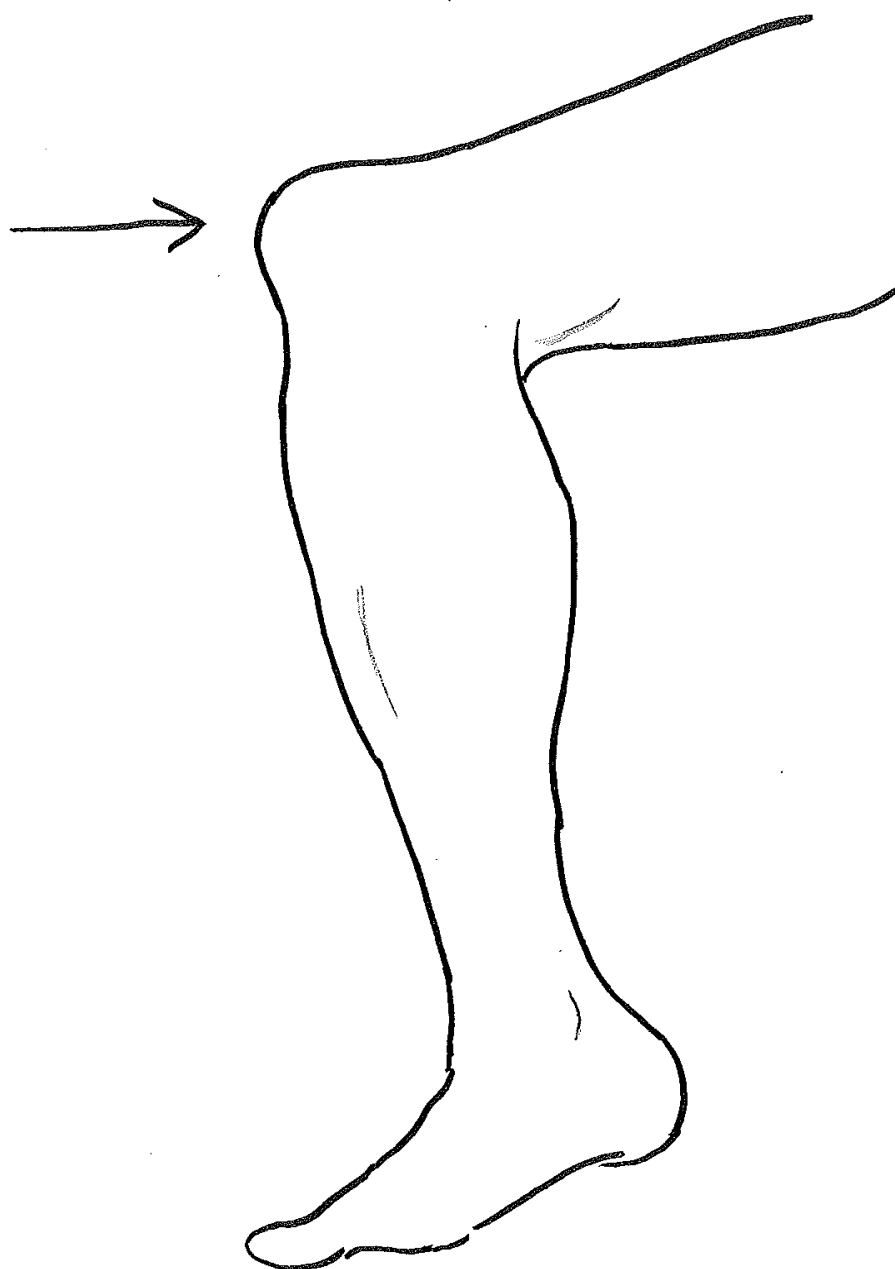
Body Parts Pictures (*large*)



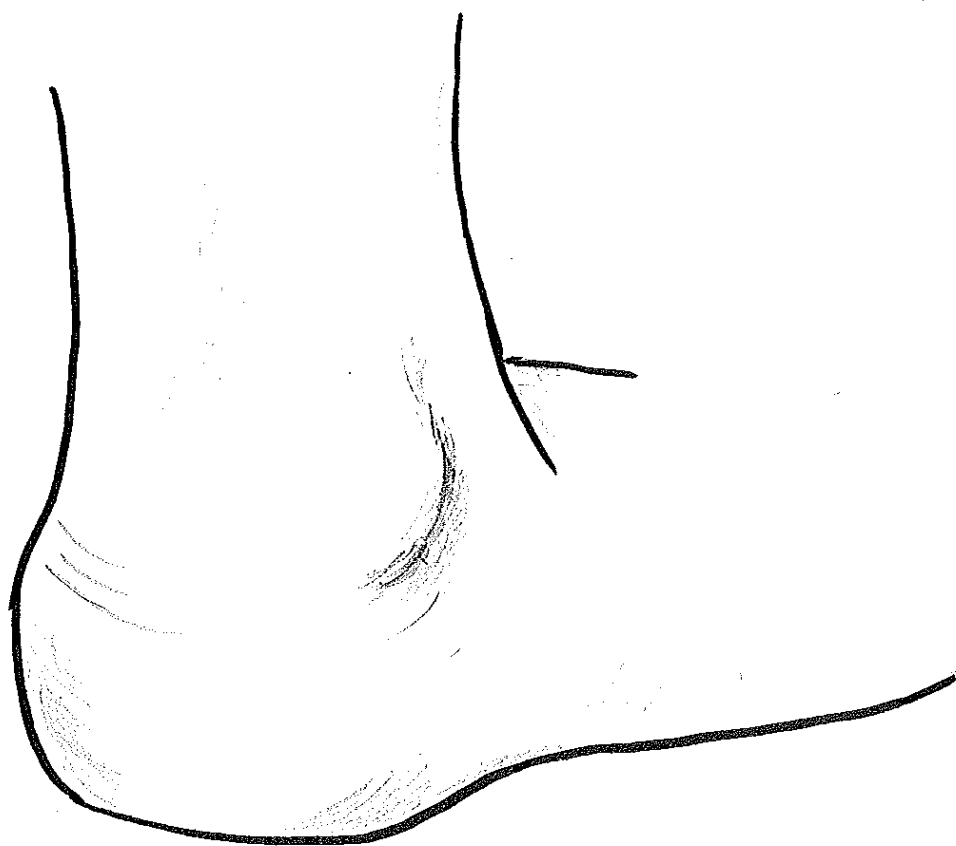
Body Parts Pictures (*large*)



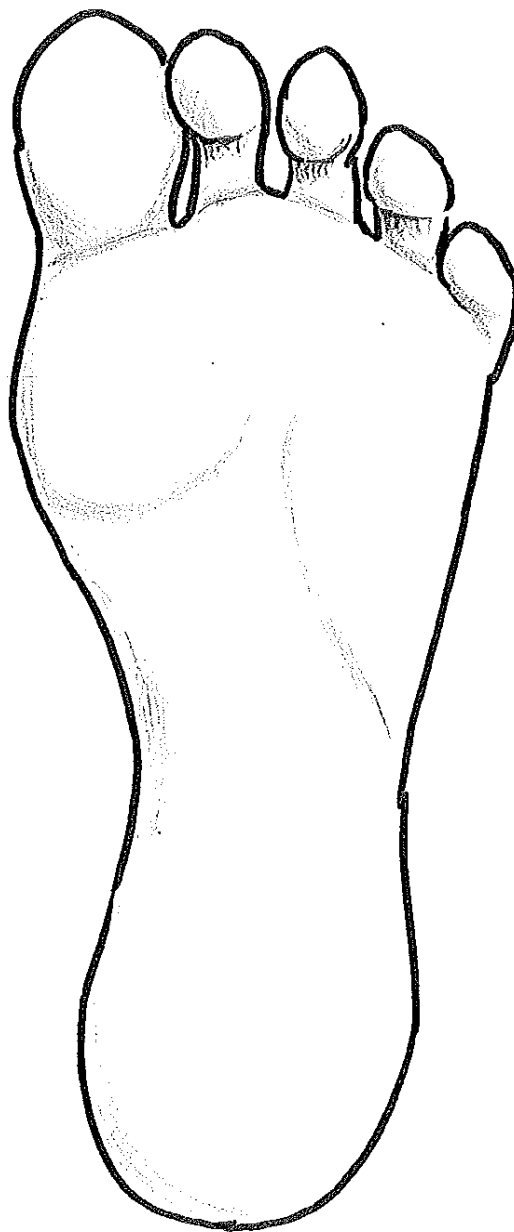
Body Parts Pictures (*large*)



Body Parts Pictures (*large*)



Body Parts Pictures (*large*)

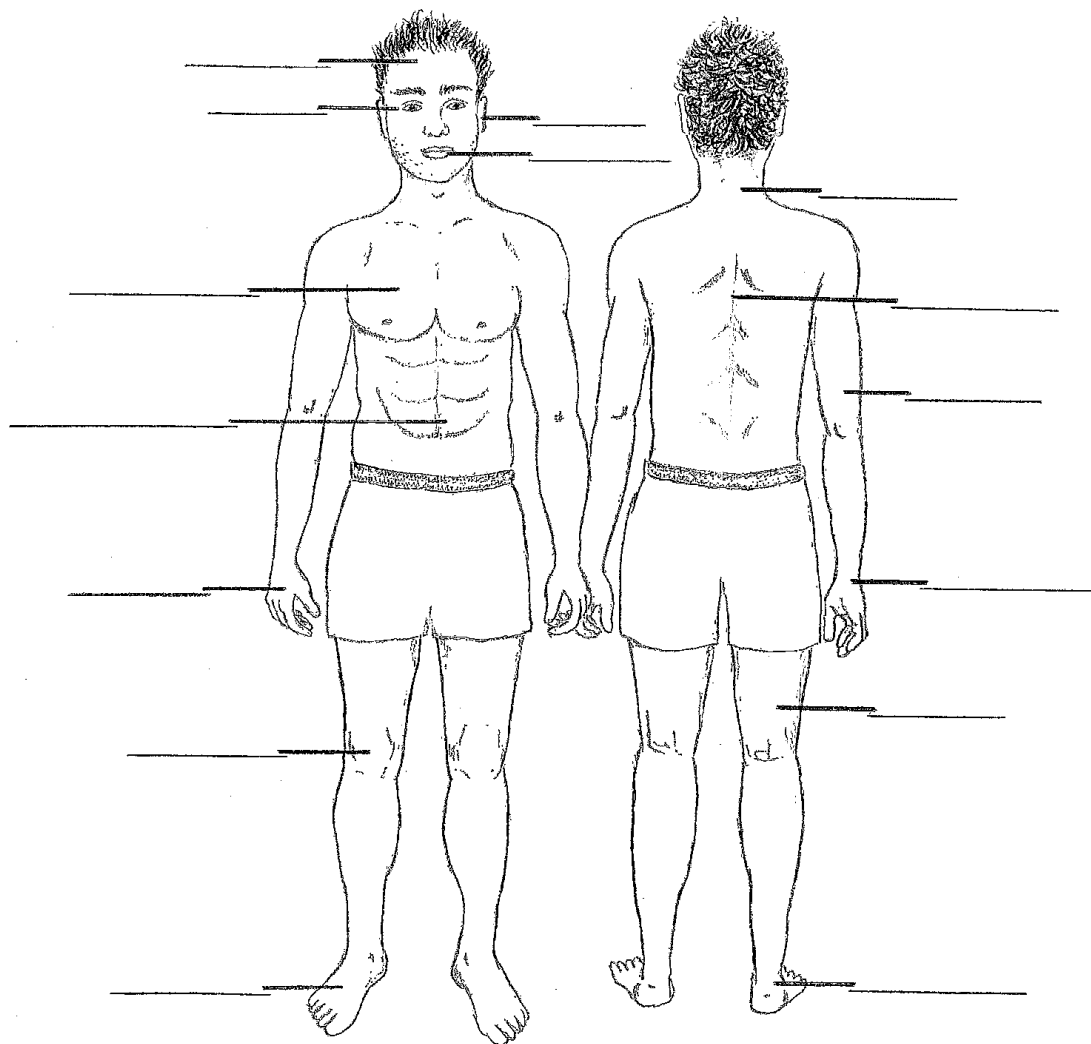


Body Parts Vocabulary Worksheet

Name: _____

Write the correct word from the box below on the line.

foot	back	hand	leg	arm
chest	tooth	stomach	head	ear
wrist	ankle	neck	knee	eye



Video Script

ELSA Level 2

Scenario #1

Setting: A medical office

Donna bends over to put a folder in the bottom drawer of the filing cabinet. She accidentally hits her head on the open top drawer when she sits up.

Donna: Ow!

Later that same day...

Shirene and Donna are working at their desks. Donna stands up and feels some pain in her head.

Donna: Ow.

Shirene: Oh. What's wrong? Where do you have pain?

Donna: Here. I have pain in my head.

Shirene: How much pain do you have? A little? A lot? Some?

Donna: I have some pain.

Shirene: And how would you rate your pain between one and ten?

Donna: Hmmm... I don't know, a four?

Shirene: Four. When did the pain start?

Donna: It started about ten minutes ago.

Shirene: About ten minutes ago. And, does your pain come and go or does it stay for a long time?

Donna: It comes and goes.

Shirene: Okay, here. Come and sit down. ***(Guides Donna to a chair)***

Fade out.

Scenario #2

Setting: A medical office

Donna stands up from her desk. She accidentally bangs her knee on the open filing cabinet drawer.

Donna: Ow! ***(Grimacing and holding her knee)***

Later that same day...

Shirene and Donna are sitting at their desks working. Shirene is wearing scrubs. Donna stands up and gasps with pain.

Donna: Ow.

Shirene: What happened? Where do you have pain?

Donna: I have pain in my knee.

Shirene: How much pain do you have? A little or a lot?

Donna: I have a little pain.

Shirene: And what would you rate your pain out of ten?

Donna: Hmmm... I don't know. I guess I'd rate it a five.

Shirene: Five. Okay. And, when did the pain start?

Donna: It started about thirty minutes ago.

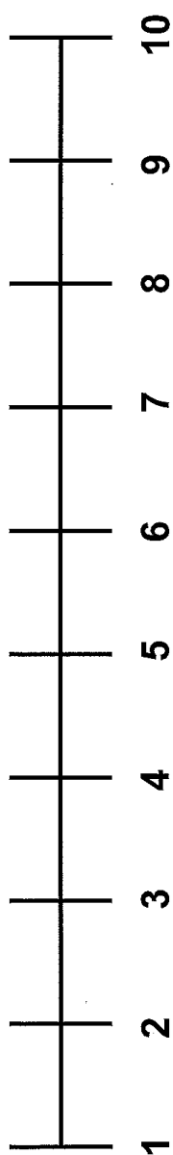
Shirene: Hmmm... Does it come and go or does it stay for a long time?

Donna: My pain stays.

Fade out.

Pain Scale (*presentation size / large*)

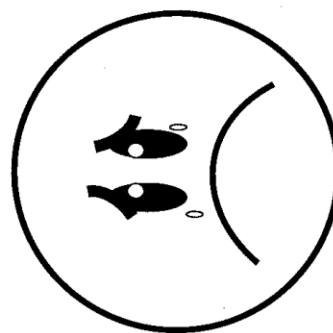
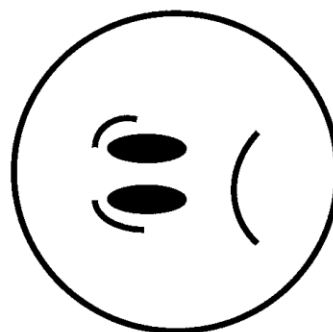
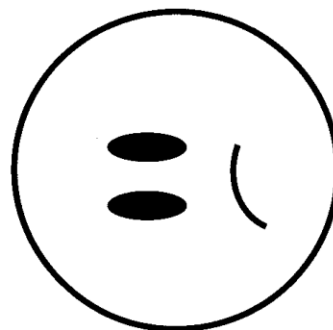
Pain Scale



a little

some

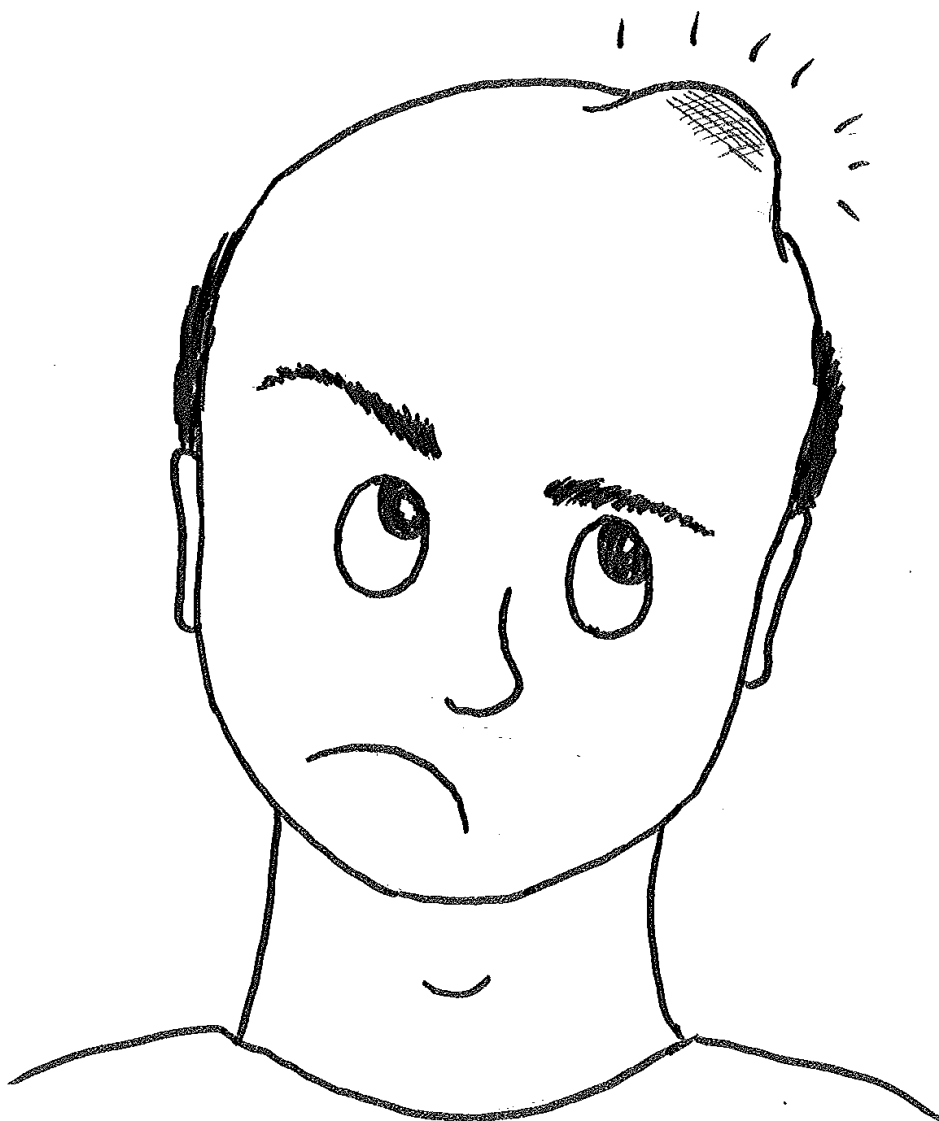
a lot of



Pain Pictures A (*large*)



Pain Pictures A (*large*)



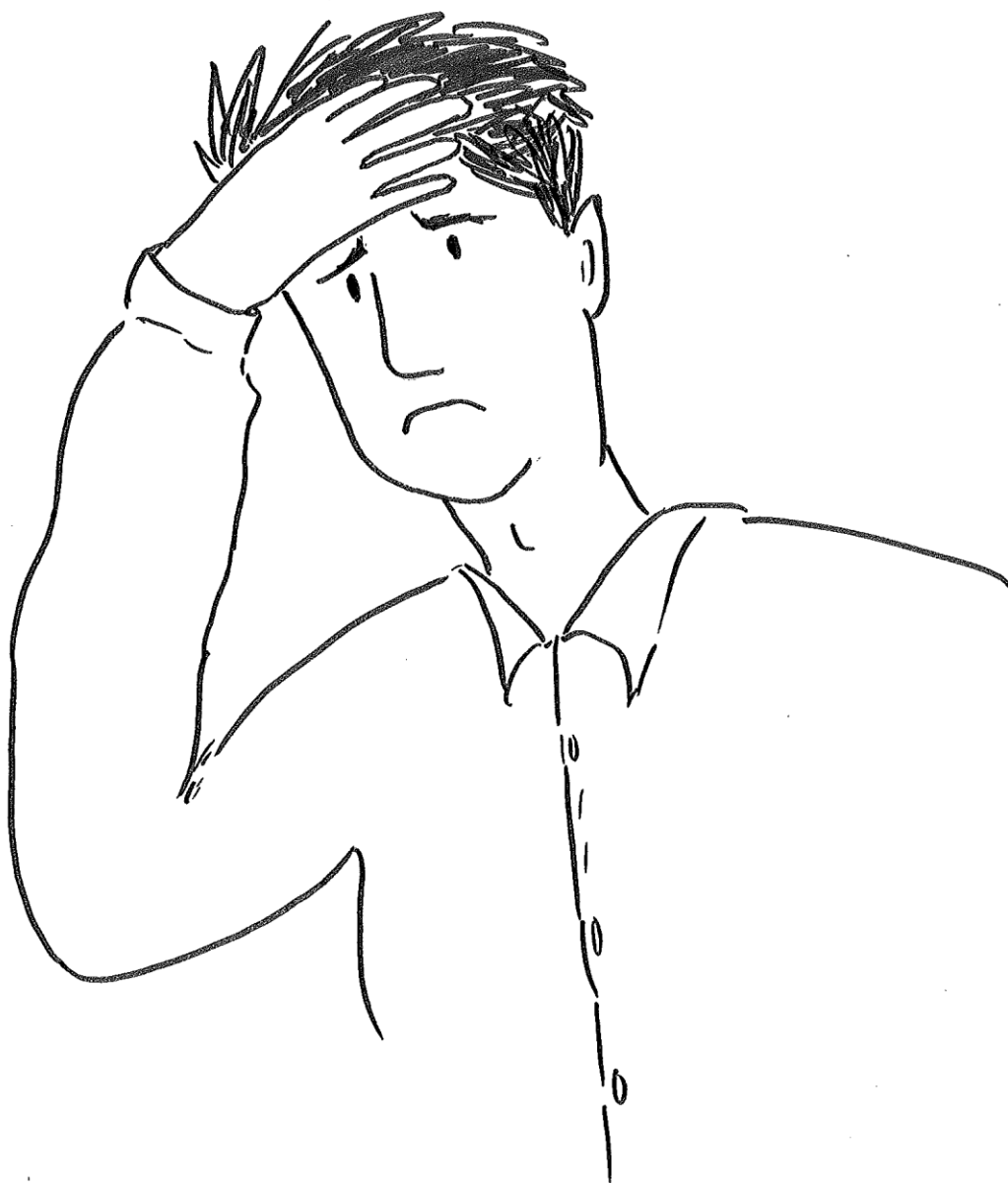
Pain Pictures A (*large*)



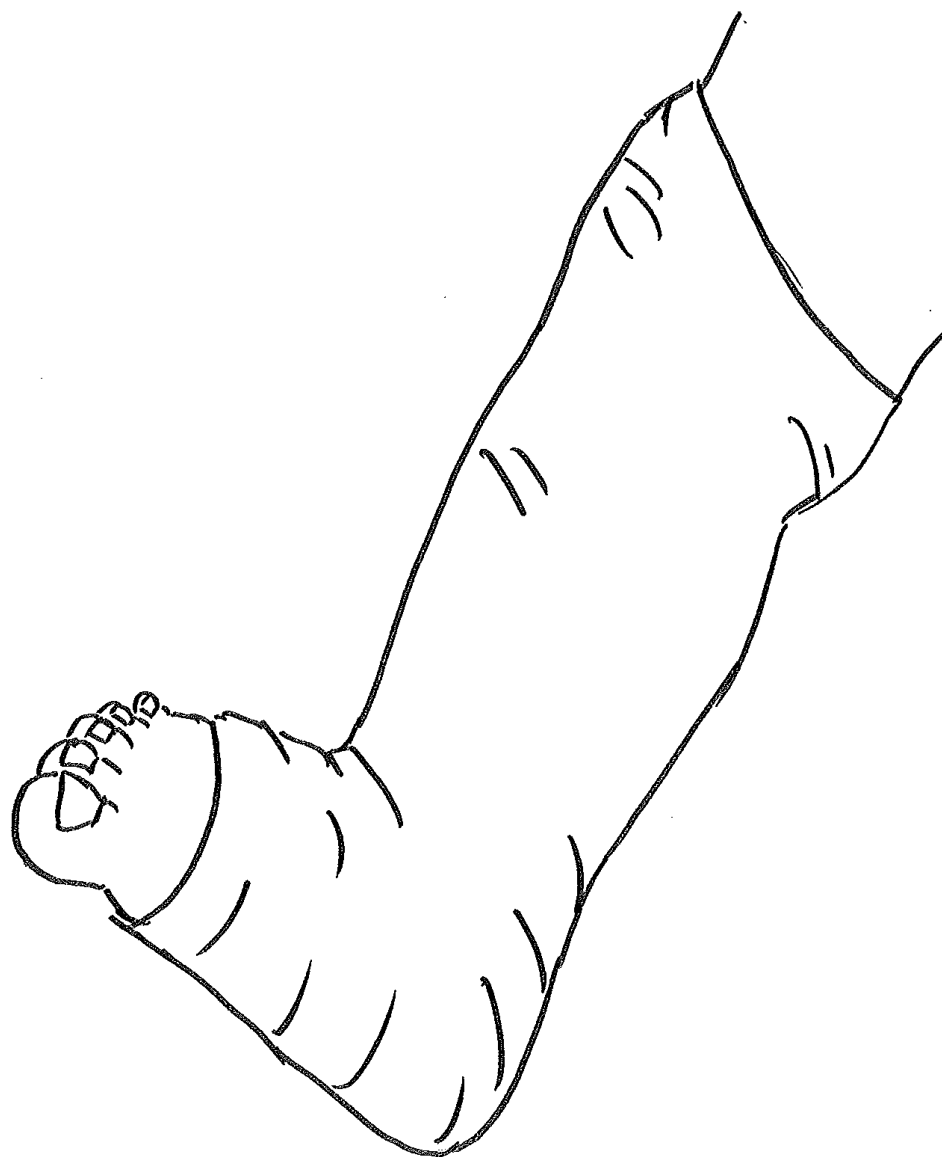
Pain Pictures B (large)



Pain Pictures B (large)



Pain Pictures B (large)



Pain Pictures B (*large*)



Pain Pictures B (large)



Pain Pictures B (large)



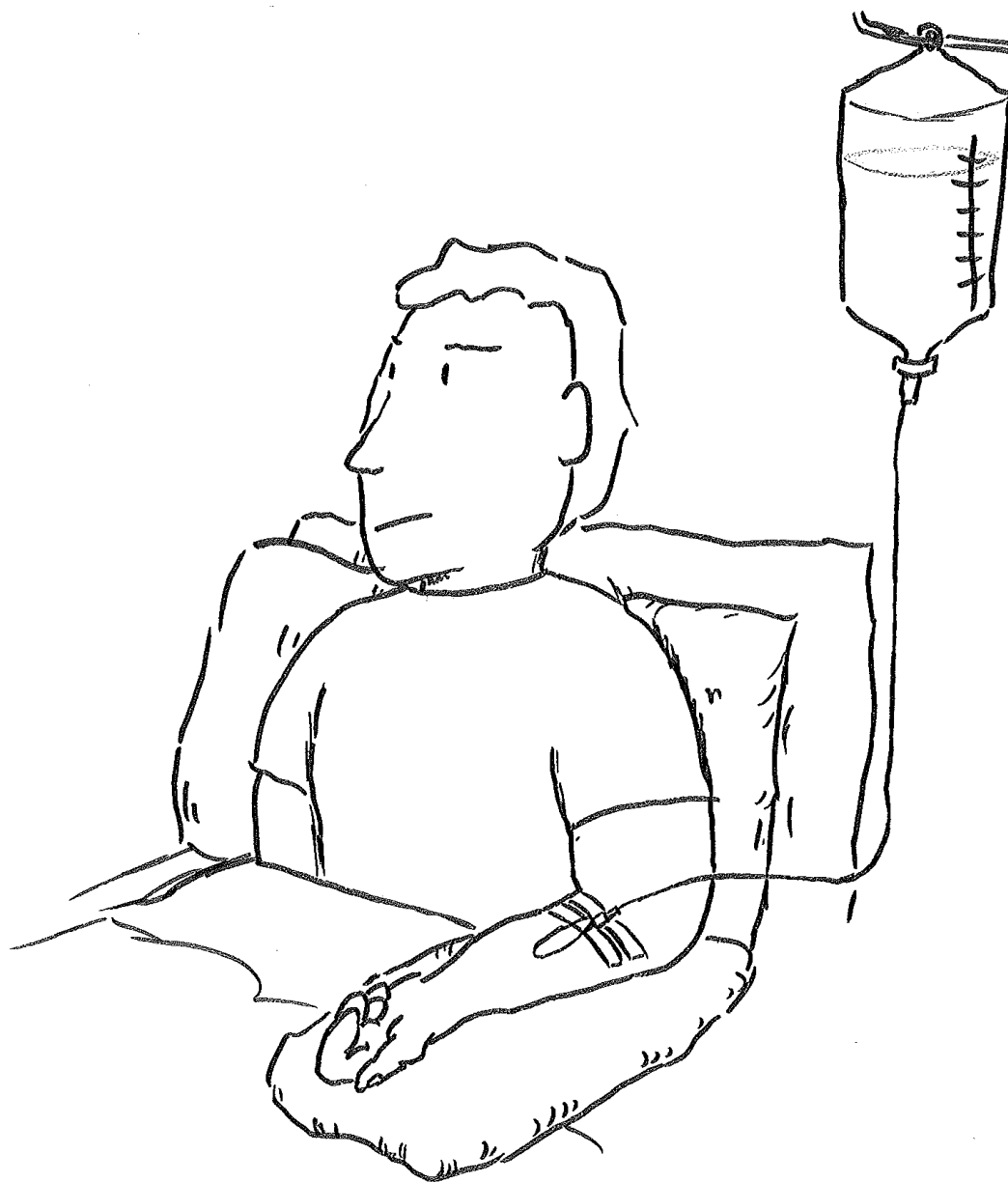
Pain Pictures B (large)



Pain Pictures B (*large*)



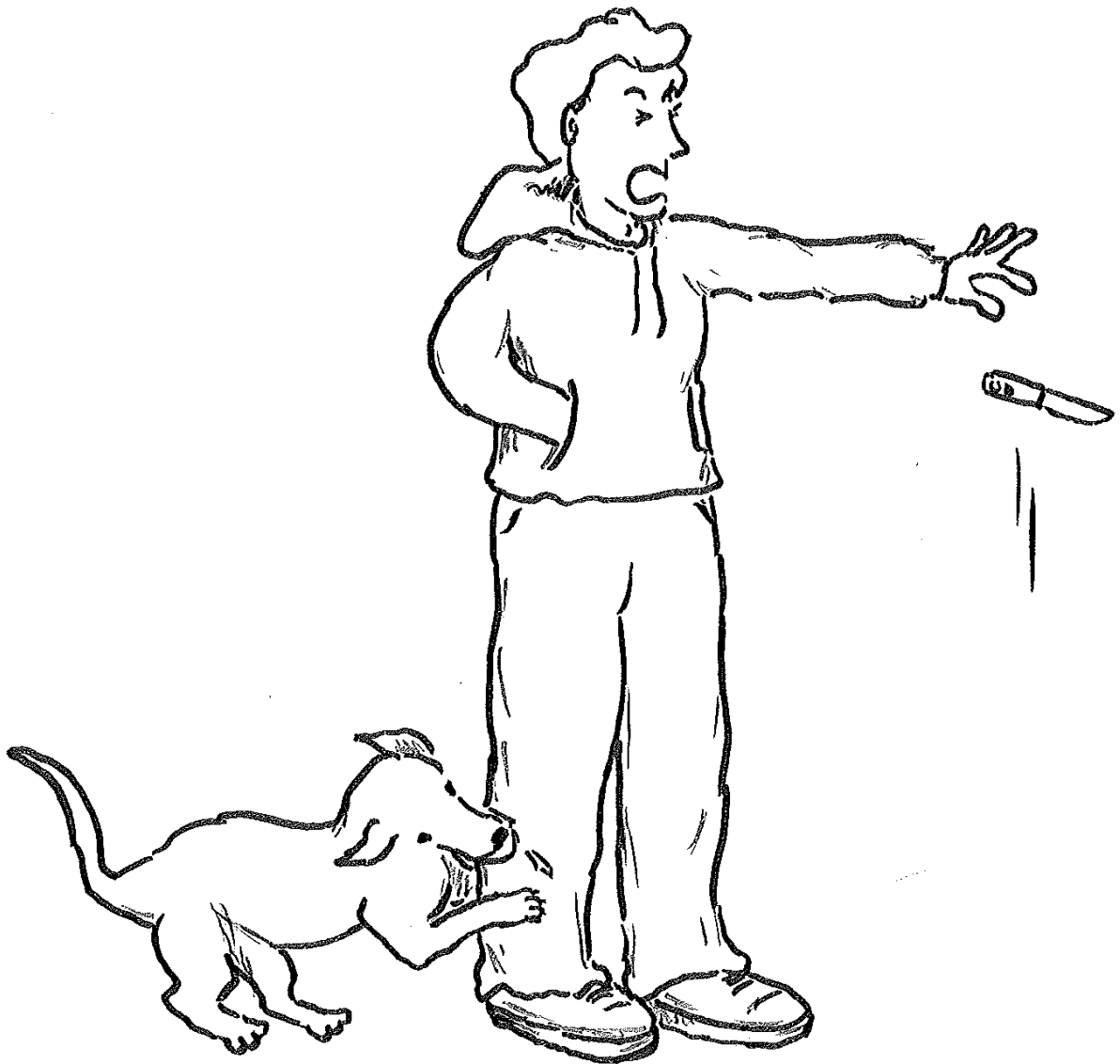
Pain Pictures B (large)



Pain Pictures B (large)



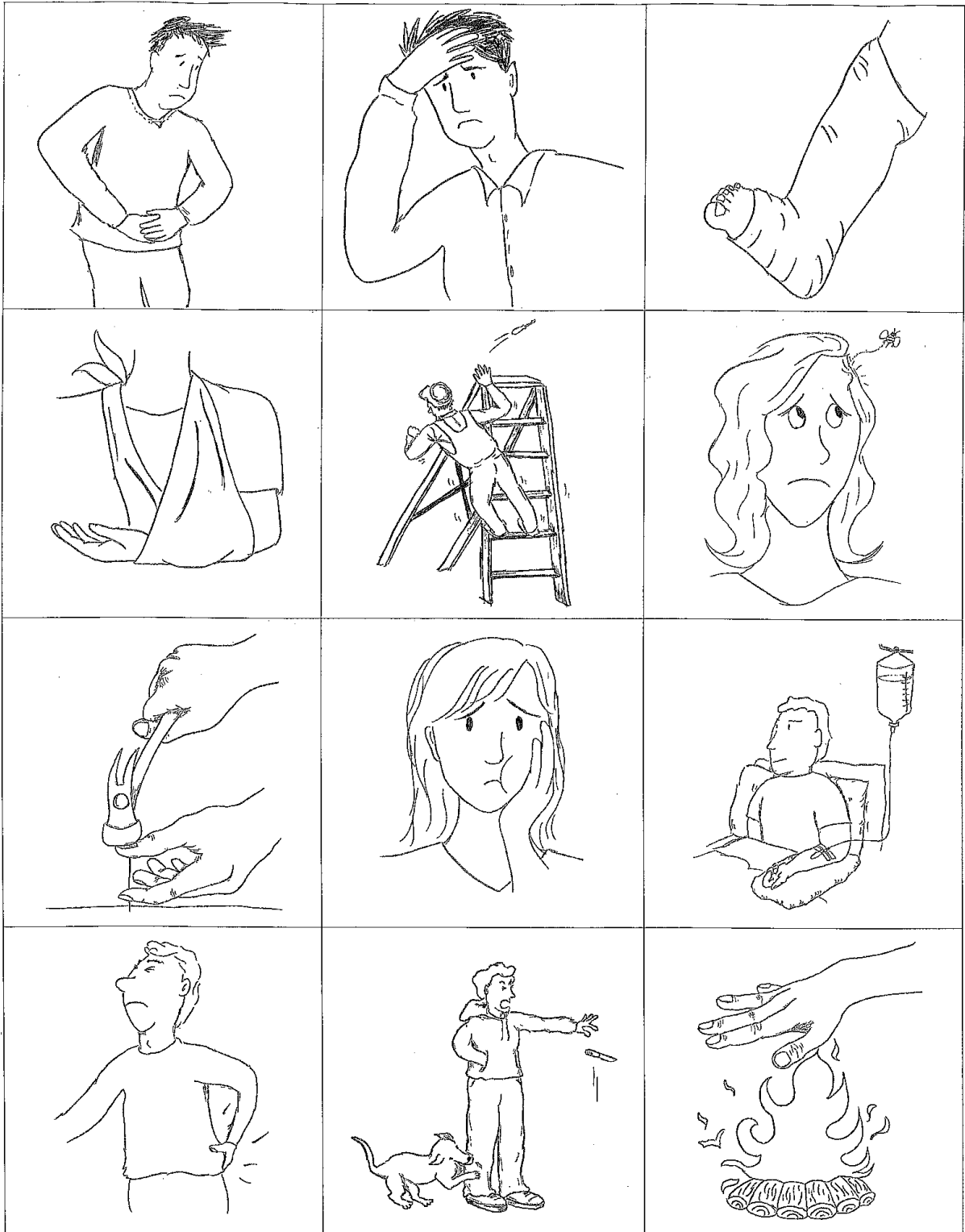
Pain Pictures B (large)



Pain Pictures B (large)



Pain Pictures B (small)



Speaking Activity Worksheet

Speaking Activity Worksheet

Name: _____

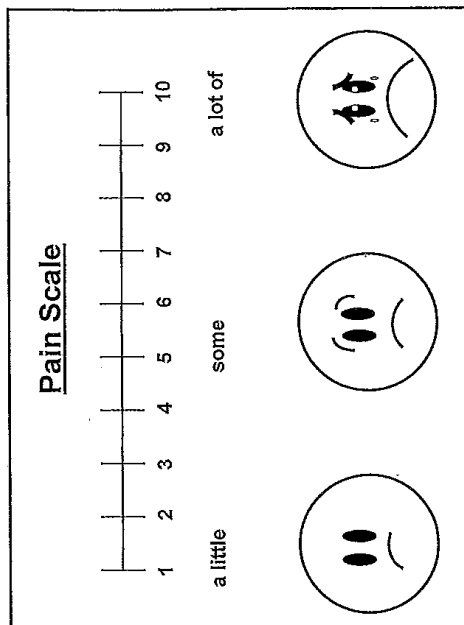
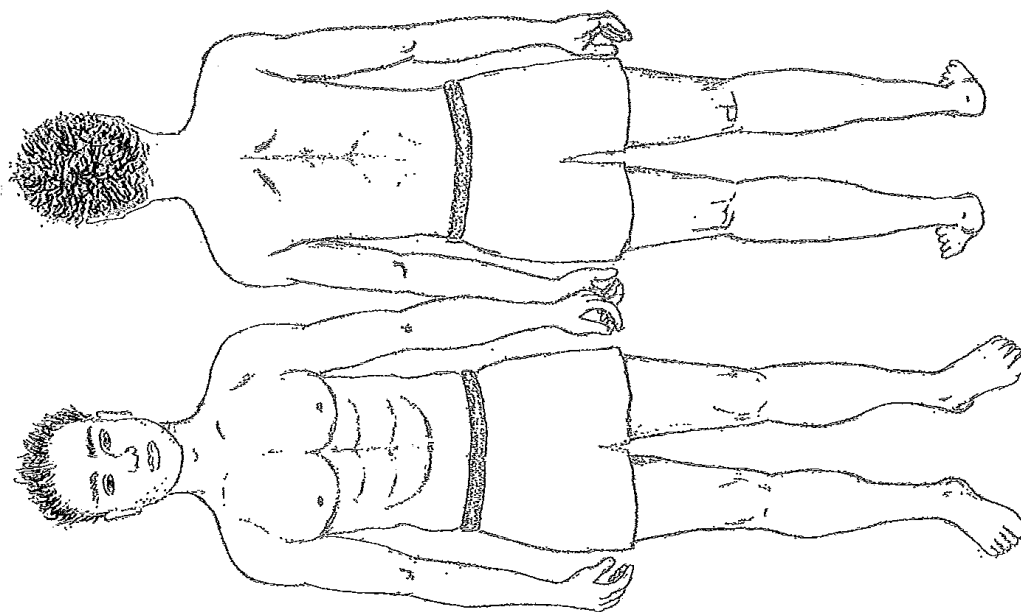
Where do you have pain?
I have pain in my _____.

How much pain do you have?
I have _____ pain.





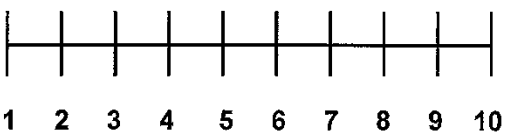



What would you rate your pain out of 10?
I would rate my pain _____ out of 10.

When did your pain start?
My pain started _____.

Does your pain stay for a long time or does it come and go?
My pain stays for a long time / comes and goes.



Pain Scale (wallet size)

<p style="text-align: center;">Pain Scale</p> <div style="text-align: center;">  </div> <div style="display: flex; justify-content: space-around; margin-top: 10px;"> <div style="text-align: center;"> <p>a little</p>  </div> <div style="text-align: center;"> <p>some</p>  </div> <div style="text-align: center;"> <p>a lot of</p>  </div> </div>	<p style="text-align: center;">Pain Scale</p> <div style="text-align: center;">  </div> <div style="display: flex; justify-content: space-around; margin-top: 10px;"> <div style="text-align: center;"> <p>a little</p>  </div> <div style="text-align: center;"> <p>some</p>  </div> <div style="text-align: center;"> <p>a lot of</p>  </div> </div>
<p>Pain Questions</p> <p>Where do you have pain? I have pain in my _____.</p> <p>How much pain do you have? I have _____ pain.</p> <p>What would you rate your pain out of 10? I would rate my pain _____ out of 10.</p> <p>When did your pain start? My pain started _____.</p> <p>Does your pain stay for a long time or does it come and go? My pain _____.</p>	<p>Pain Questions</p> <p>Where do you have pain? I have pain in my _____.</p> <p>How much pain do you have? I have _____ pain.</p> <p>What would you rate your pain out of 10? I would rate my pain _____ out of 10.</p> <p>When did your pain start? My pain started _____.</p> <p>Does your pain stay for a long time or does it come and go? My pain _____.</p>